



Sulphur Springs Trail Run  
Ancaster Ontario  
Saturday May 28, 2011  
10 K

	Entrants	Finishers
Total	263	213
Male	94	75
Female	169	138
Unknown	0	0

O'all Place	Bib	Name	Gun Time	Class Placing	Gender Place	Pace /Km	City
1	1050	Nathan Stewart	42:18	1M30-39	1/15	1 4:14	Waterdown
2	1211	Ron Andrews	43:01	1M40-49	1/21	2 4:19	Midhurst
3	1181	Lee Shooter	43:09	1M30-39	2/15	3 4:19	Cobourg
4	1222	Duncan Todd	43:31	1M40-49	2/21	4 4:22	Ancaster
5	1008	Matthew Ripke	43:39	1M20-29	1/12	5 4:22	Syracuse
6	1207	Sean Montani	43:44	1M40-49	3/21	6 4:23	Hamilton
7	1106	Jeff Kozak	44:32	1M40-49	4/21	7 4:28	Dundas
8	1155	Wanda Cook	44:44	1F30-39	1/35	1 4:29	St. Catharines
9	1123	Michael Promnitz	44:46	1M50-59	1/19	8 4:29	Guelph
10	1235	Christine Line	44:57	1F30-39	2/35	2 4:30	Burlington
11	1019	Adrienne Tearle	45:11	1F30-39	3/35	3 4:32	Hamilton
12	1006	Gerrit Huls	45:18	1M20-29	2/12	9 4:32	St George
13	1236	Kelly Rupoli	45:20	1F40-49	1/39	4 4:32	Guelph
14	1221	Nick Grayson	45:20	1M50-59	2/19	10 4:32	Guelph
15	1248	Chris Hodgkinson	45:22	1M30-39	3/15	11 4:33	Wiarton
16	1125	Brett Graham	45:23	1M30-39	4/15	12 4:33	Lake Orion
17	1042	Tyson Haedrich	45:26	1M40-49	5/21	13 4:33	Hamilton
18	1112	Bob Rath	45:48	1M40-49	6/21	14 4:35	Waterdown
19	1030	Joanna Van Dorp	46:37	1F20-29	1/32	5 4:40	Wiarton
20	1214	Aidan Rutherford	47:08	1M-19	1/5	15 4:43	Waterloo
21	1063	Geoff Werstuck	47:09	1M40-49	7/21	16 4:43	Ancaster
22	1104	Nancie Gibson	47:14	1F50-59	1/20	6 4:44	Carrying Place
23	1039	George Vanarragon	47:24	1M50-59	3/19	17 4:45	Ancaster
24	1254	Gary Hastings	47:30	1M60+	1/3	18 4:45	Burlington
25	1175	Jen Yates	47:42	1F40-49	2/39	7 4:47	Dundas
26	1069	Rodney Lott	48:40	1M30-39	5/15	19 4:52	Burlington
27	1122	Nicole Kozlova	49:08	1F-19	1/7	8 4:55	Toronto
28	1229	Christine Boose	49:16	1F50-59	2/20	9 4:56	Windsor
29	1259	Jessica Willis	49:19	1F-19	2/7	10 4:56	Dundas
30	1010	Brianna Mcguire Holt	49:33	1F30-39	4/35	11 4:58	Ancaster
31	1162	Adrian Thorp	49:52	1M40-49	8/21	20 5:00	Toronto
32	1102	David Fisher	50:09	1M40-49	9/21	21 5:01	Stoney Creek
33	1193	Josh Santa-barbara	50:17	1M40-49	10/21	22 5:02	Rr#1 Troy
34	1213	Kati Gordon	50:18	1F20-29	2/32	12 5:02	Ancaster
35	1163	Dave Bolan	50:35	1M30-39	6/15	23 5:04	Udora
36	1085	Chanda Reid	51:33	1F30-39	5/35	13 5:10	Oakville
37	1252	John Webb	51:45	1M40-49	11/21	24 5:11	Hagersville
38	1142	Alyson Coolen	51:52	1F40-49	3/39	14 5:12	Oakville
39	1231	Kate Jasper	52:14	1F30-39	6/35	15 5:14	Goderich

44	1177	Benjamin Oakleaf	53:33	1M20-29	4/12	27	5:22	Syracuse
45	1250	Jack Holmes	53:39	1M-19	2/5	28	5:22	Dundas
46	1208	Graham Barnes	53:40	1M-19	3/5	29	5:22	Burlington
47	1017	Stephen Barnes	53:42	1M50-59	4/19	30	5:23	Burlington
48	1029	Eugene Mazurkiewicz	54:04	1M50-59	5/19	31	5:25	Grimsby
49	1035	Cameron Mcgregor	54:07	1M30-39	7/15	32	5:25	Ottawa
50	1076	Ruth Elliffe	54:07	1F30-39	7/35	18	5:25	Toronto
51	1108	Mike Kivell	54:11	1M30-39	8/15	33	5:26	Stoney Creek
52	1046	Brandon Knoll	54:23	1M30-39	9/15	34	5:27	Binbrook
53	1048	Dan Bielby	54:23	1M30-39	10/15	35	5:27	St. Catharines
54	1209	Kimberley Bohn	54:28	1F40-49	6/39	19	5:27	Kanata
55	1079	Luke Ripke	54:53	1M-19	4/5	36	5:30	Syracuse
56	1049	Darcie Stewart	55:09	1F30-39	8/35	20	5:31	Waterdown
57	1225	Andrew Dwyer	55:25	1M20-29	5/12	37	5:33	Burlington
58	1240	Stephanie Dwyer	55:34	1F20-29	3/32	21	5:34	Toronto
59	1060	Ian Macrae	55:50	1M50-59	6/19	38	5:35	Alliston
60	1232	Debra Katz	55:55	1F30-39	9/35	22	5:36	Ancaster
61	1179	David Lolli	55:59	1M30-39	11/15	39	5:36	Ancaster
62	1009	Neil Whitaker	56:01	1M40-49	13/21	40	5:37	Cayuga
63	1100	Jennifer Buie	56:20	1F20-29	4/32	23	5:38	Victoria Harbou
64	1262	Rick Derin	56:22	1M50-59	7/19	41	5:39	Thornhill
65	1115	Laura Hild	56:43	1F30-39	10/35	24	5:41	Bancroft
66	1246	Dan Dobrin	56:49	1M40-49	14/21	42	5:41	Toronto
67	1149	Samantha Forster	57:16	1F20-29	5/32	25	5:44	Everett
68	1161	Amanda Potterton	57:17	1F20-29	6/32	26	5:44	Toronto
69	1072	Sara Auld	57:39	1F30-39	11/35	27	5:46	Ancaster
70	1184	Louise Moriarity	57:44	1F50-59	3/20	28	5:47	London
71	1198	Marcel Faulkner	57:46	1M50-59	8/19	43	5:47	Hamilton
72	1263	Kathy Wade	57:59	1F40-49	7/39	29	5:48	Waterdown
73	1173	Chris Everets	58:06	1M20-29	6/12	44	5:49	Fisherville
74	1044	Greg Siddles	58:07	1M50-59	9/19	45	5:49	Hamilton
75	1109	Michael Leonard	58:13	1M30-39	12/15	46	5:50	Cambridge
76	1098	Roben Stikeman	58:13	1F40-49	8/39	30	5:50	Waterloo
77	1120	Valerie Small	58:13	1F20-29	7/32	31	5:50	London
78	1160	Vijay Vasudeva	58:20	1M40-49	15/21	47	5:50	Hamilton
79	1210	Brian Orlowski	58:43	1M20-29	7/12	48	5:53	Burlington
80	1032	Beverley Speechley	58:50	1F50-59	4/20	32	5:53	Brantford
81	1171	Melisa Kuwabara	58:51	1F30-39	12/35	33	5:54	Hamilton
82	1101	Tracey Fisher	58:51	1F40-49	9/39	34	5:54	Stoney Creek
83	1013	Marc Barrette	58:53	1M40-49	16/21	49	5:54	Toronto
84	1178	Leah Furtney	59:26	1F20-29	8/32	35	5:57	Cayuga
85	1154	Patricia Currie	59:38	1F30-39	13/35	36	5:58	Hamilton
86	1057	Andrew Maas	59:41	1M30-39	13/15	50	5:59	Hamilton
87	1202	Christy Thorsteinson	59:44	1F30-39	14/35	37	5:59	Thorold
88	1033	Stephanie Freund	59:48	1F40-49	10/39	38	5:59	Carlisle
89	1201	Chelsea Vandermeer	59:51	1F-19	3/7	39	6:00	Waterdown
90	1255	Wayne Rodgers	59:57	1M30-39	14/15	51	6:00	Hamilton
91	1043	Carol Siddles	1:00:08	1F50-59	5/20	40	6:01	Hamilton
92	1167	Joanne Kingsbury	1:00:12	1F30-39	15/35	41	6:02	Hamilton
93	1138	Gemma Bristow	1:00:12	1F30-39	16/35	42	6:02	St. George
94	1199	Peg Vandermeer	1:00:22	1F40-49	11/39	43	6:03	Waterdown
95	1192	Roy Cronkwright	1:00:26	1M20-29	8/12	52	6:03	Burlington
96	1132	Nadeen Sullivan	1:00:29	1F40-49	12/39	44	6:03	Grimsby
97	1151	Tim Kivell	1:00:31	1M40-49	17/21	53	6:04	Stoney Creek
98	1238	Gusti Matei	1:00:41	1M50-59	10/19	54	6:05	Guelph
99	1087	Greg Dobroski	1:00:44	1M30-39	15/15	55	6:05	Binbrook
100	1056	Alana Fulford	1:00:50	1F30-39	17/35	45	6:05	Hamilton
101	1000	Suzanne Ley	1:01:11	1F20-29	9/32	46	6:08	Hamilton

106	1074	Lisa Bacic	1:02:06	1F40-49	15/39	50	6:13	Waterloo
107	1093	Jill Jacklin	1:02:07	1F30-39	19/35	51	6:13	St. Jacobs
108	1158	Bill Thompson	1:02:18	1M50-59	12/19	57	6:14	Hamilton
109	1110	Jennifer Parent	1:02:22	1F30-39	20/35	52	6:15	Guelph
110	1144	Sid Gratton	1:02:35	1M60+	2/3	58	6:16	Ancaster
111	1036	Janet Pritchard	1:02:39	1F20-29	10/32	53	6:16	Burlington
112	1241	Angie Abrams	1:02:58	1F40-49	16/39	54	6:18	Stoney Creek
113	1002	Courtney Dyack	1:03:02	1F20-29	11/32	55	6:19	Ancaster
114	1242	Kelly Bramwell	1:03:05	1F40-49	17/39	56	6:19	Binbrook
115	1147	Cathy Quinlan	1:03:18	1F50-59	6/20	57	6:20	London
116	1251	Jane Symington	1:03:35	1F50-59	7/20	58	6:22	Sussex
117	1186	Paula Hill	1:03:41	1F40-49	18/39	59	6:23	Ohsweken
118	1143	Tina Cooper	1:03:41	1F40-49	19/39	60	6:23	Ancaster
119	1137	Donna Anderson	1:03:43	1F40-49	20/39	61	6:23	Caistor Center
120	1168	Karen Gooder	1:04:12	1F50-59	8/20	62	6:26	London
121	1117	Alan Alderton	1:04:13	1M40-49	18/21	59	6:26	Burlington
122	1064	Hayley Werstuck	1:04:20	1F-19	4/7	63	6:26	Ancaster
123	1031	Janet Henderson	1:05:26	1F60+	1/5	64	6:33	Brantford
124	1105	Andrea Lane	1:05:30	1F20-29	12/32	65	6:33	Guelph
125	1256	Julie McCluskey	1:06:24	1F20-29	13/32	66	6:39	Toronto
126	1257	Brian McCluskey	1:07:07	1M50-59	13/19	60	6:43	Dundas
127	1016	Janet Crouch	1:07:12	1F40-49	21/39	67	6:44	Stoney Creek
128	1054	Charlotte Coghlin	1:07:13	1F30-39	21/35	68	6:44	Woodstock
129	1230	Nick Jasper	1:07:22	1M20-29	9/12	61	6:45	Goderich
130	1261	Linda Pillinini	1:07:29	1F40-49	22/39	69	6:45	Hamilton
131	1148	Christie Mohide	1:07:29	1F30-39	22/35	70	6:45	Burlington
132	1119	Mary Lee	1:07:29	1F20-29	14/32	71	6:45	Cincinnati
133	1118	Elizabeth Crane	1:07:30	1F20-29	15/32	72	6:45	Hamilton
134	1195	Jeffrey Zeuner	1:07:38	1M-19	5/5	62	6:46	Burlington
135	1196	Emma Silverthorne	1:07:41	1F-19	5/7	73	6:47	Burlington
136	1203	Laura Walton	1:07:57	1F20-29	16/32	74	6:48	Ancaster
137	1159	Alison Christie	1:08:03	1F20-29	17/32	75	6:49	Hamilton
138	1152	Erin Kivell	1:08:09	1F30-39	23/35	76	6:49	Stoney Creek
139	1068	Laurie Spencer	1:08:13	1F40-49	23/39	77	6:50	Oakville
140	1067	Glenn Scott	1:08:13	1M50-59	14/19	63	6:50	Pickering
141	1212	Diana Praskey	1:08:17	1F30-39	24/35	78	6:50	Oakville
142	1243	Biljana Njegovan	1:08:20	1F20-29	18/32	79	6:50	Hamilton
143	1260	Debbie Blue	1:08:34	1F30-39	25/35	80	6:52	Oakville
144	1131	Jim Beaulieu	1:08:35	1M50-59	15/19	64	6:52	Oakville
145	1090	Sandy Wilson	1:09:01	1F50-59	9/20	81	6:55	Burlington
146	1088	Lori Macrae	1:09:02	1F40-49	24/39	82	6:55	Burlington
147	1145	Jenna Spencer	1:09:18	1F20-29	19/32	83	6:56	Waterloo
148	1146	Brent Lavin	1:09:18	1M20-29	10/12	65	6:56	Hamilton
149	1237	Lindsay Anderson	1:09:23	1F20-29	20/32	84	6:57	Montreal
150	1216	Eryl Morgan	1:09:25	1F20-29	21/32	85	6:57	Hamilton
151	1071	Raye-suzanne Brooks	1:09:45	1F50-59	10/20	86	6:59	Hamilton
152	1170	Brian Melnick	1:09:46	1M40-49	19/21	66	6:59	Eden Mills
153	1094	Jenny Ashmore	1:10:03	1F20-29	22/32	87	7:01	Brantford
154	1026	Amy Proctor	1:10:10	1F30-39	26/35	88	7:01	Burlington
155	1028	Christing Pearse	1:10:10	1F40-49	25/39	89	7:01	Waterdown
156	1128	Aggie Ramsden	1:10:19	1F60+	2/5	90	7:02	London
157	1244	Milica Njegovan	1:10:20	1F20-29	23/32	91	7:02	Hamilton
158	1164	Owen Brokenshire	1:10:27	1M20-29	11/12	67	7:03	Etobicoke
159	1073	Lynda Elton	1:10:34	1F50-59	11/20	92	7:04	Hamilton
160	1190	Jeanmarie Chirico	1:10:35	1F20-29	24/32	93	7:04	Livenerpool
161	1134	John Stulb	1:10:36	1M20-29	12/12	68	7:04	Syracuse
162	1220	Adrielle Franceschini	1:10:36	1F20-29	25/32	94	7:04	Cicero
163	1012	Katie Hutton	1:10:38	1F20-29	26/32	95	7:04	Branchton

168	1174	Paulina Dudzinska	1:11:28	1F20-29	27/32	100	7:09	Guelph
169	1023	Priscille Fallis	1:12:13	1F30-39	29/35	101	7:14	Brantford
170	1135	Guy Desrochers	1:12:14	1M50-59	16/19	69	7:14	Ancaster
171	1197	Arlene Charters	1:12:20	1F60+	3/5	102	7:14	Hamilton
172	1127	Pauline Thompson	1:12:40	1F50-59	13/20	103	7:16	Grimsby
173	1194	Betsy Mcrae	1:12:40	1F40-49	27/39	104	7:16	Grimsby
174	1022	Shelley Waycik	1:13:31	1F50-59	14/20	105	7:22	Richards Landin
175	1038	Charlotte Macdougall	1:13:31	1F50-59	15/20	106	7:22	Mississauga
176	1180	Carolyn Lolli	1:13:51	1F20-29	28/32	107	7:24	Ancaster
177	1150	Lori Elder	1:13:58	1F40-49	28/39	108	7:24	Moonstone
178	1014	Dena Thomas	1:14:40	1F40-49	29/39	109	7:28	Waterdown
179	1258	Monica D'Agostini	1:14:43	1F60+	4/5	110	7:29	Waterdown
180	1116	Maria Deleemans	1:15:01	1F40-49	30/39	111	7:31	Aylmer
181	1047	Rosemary Stearns	1:15:07	1F40-49	31/39	112	7:31	Hamilton
182	1114	Emma Walsh	1:15:34	1F-19	6/7	113	7:34	Dundas
183	1253	Linette Kennedy	1:16:18	1F60+	5/5	114	7:38	Beamsville
184	1205	Dolores Lester	1:16:29	1F50-59	16/20	115	7:39	Burlington
185	1130	Noel Csermak	1:16:49	1F40-49	32/39	116	7:41	Grimsby
186	1037	Michelle Mcculloch	1:16:49	1F30-39	30/35	117	7:41	Newmarket
187	1126	Barbie Lukas	1:17:04	1F30-39	31/35	118	7:43	Oakville
188	1107	Kelly Poloniato	1:17:28	1F20-29	29/32	119	7:45	Burlington
189	1182	Jane Clement	1:17:43	1F50-59	17/20	120	7:47	Trenton
190	1183	Heather Paulin	1:17:43	1F20-29	30/32	121	7:47	Trenton
191	1139	Pamela Pelletier	1:17:46	1F50-59	18/20	122	7:47	Stoney Creek
192	1041	Carolynn Pietrangeli	1:17:48	1F50-59	19/20	123	7:47	Grimsby
193	1157	Larry Lichty	1:17:51	1M50-59	17/19	70	7:48	Acton
194	1166	Lisa Werner	1:18:13	1F40-49	33/39	124	7:50	Burlington
195	1169	Bonnie Robertson	1:18:13	1F40-49	34/39	125	7:50	Burlington
196	1187	Bev Macculloch	1:18:20	1F40-49	35/39	126	7:50	Burlington
197	1078	Terry Hadaway	1:18:23	1F40-49	36/39	127	7:51	Guelph
198	1077	Brenda Mckinney	1:18:34	1F30-39	32/35	128	7:52	Georgetown
199	1084	Robert Edwards	1:18:40	1M50-59	18/19	71	7:52	Brantford
200	1024	Sarah Laamanen	1:21:48	1F30-39	33/35	129	8:11	Wasaga Beach
201	1227	Nancy Maguire	1:22:35	1F50-59	20/20	130	8:16	Courtland
202	1234	Kaitlin Deciccio	1:23:51	1F20-29	31/32	131	8:24	Hamilton
203	1233	Robert Deciccio	1:23:52	1M50-59	19/19	72	8:24	Meaford
204	1065	Rae Jerome	1:28:24	1M40-49	20/21	73	8:51	Greensville
205	1066	Patricia Blondin	1:28:24	1F40-49	37/39	132	8:51	Dundas
206	1226	Tanya Solowka	1:31:38	1F20-29	32/32	133	9:10	Pickering
207	1239	Dennis Sendeki	1:43:08	1M60+	3/3	74	10:19	Burlington
208	1121	Olya Kozlova	1:45:00	1F30-39	34/35	134	10:30	Toronto
209	1249	Nicole Bomberry	1:45:23	1F30-39	35/35	135	10:33	Brantford
210	1092	Kendal Garlow	1:50:21	1F-19	7/7	136	11:03	Ohsweken
211	1091	Chad Garlow	1:51:00	1M40-49	21/21	75	11:06	Ohsweken
212	1083	Heather Edwards	1:52:58	1F40-49	38/39	137	11:18	Brantford
213	1086	Debra Porter	2:03:27	1F40-49	39/39	138	12:21	Ohsweken