

Sulphur Springs Trail Run
 Ancaster Ontario
 Saturday May 24, 2008

100 Miler		Class	Place	Gender	Laps	Comp.	Pace	City
Place	Bib	Name	/finishers	Place	&Time	/Mi		
1	7	Jim Cook	5M40-49 1/17	1	8 18:43:43	11:15	Nicholson	
2	29	Theresa McGrath	5F-39 1/5	1	8 19:20:35	11:37	Kitchener	
3	21	Ian Hobler	5M-39 1/10	2	8 19:21:16	11:37	Ottawa	
4	35	Keith Peters	5M-39 2/10	3	8 19:55:00	11:57	St. Catherines	
5	28	Laurie McGrath	5F40-49 1/5	2	8 20:04:07	12:03	Baden	
6	33	Ken Niemimaa	5M-39 3/10	4	8 20:24:22	12:15	Pickering	
7	20	Joe Hewitt	5M50+ 1/11	5	8 20:35:16	12:22	Burlington	
8	40	Monica Scholz	5F40-49 2/5	3	8 21:32:19	12:56	Jerseyville	
9	1	Sylvie Boisvert	5F40-49 3/5	4	8 21:57:47	13:11	Sillery	
10	45	Charlotte Vasarhelyi	5F-39 2/5	5	8 22:17:54	13:23	Breslau	
11	8	Iris Cooper	5F40-49 4/5	6	8 22:23:55	13:27	Toronto	
12	38	Jennifer Roxburgh	5F-39 3/5	7	8 22:31:26	13:31	Pickering	
13	48	Jerome Wojnicki	5M-39 4/10	6	8 22:42:08	13:38	Hamburg	
14	11	Scott Douglas	5M40-49 2/17	7	8 23:53:52	14:21	Kitchener	
15	42	Jeff Simpkins	5M40-49 3/17	8	8 23:57:28	14:23	Keswick	
16	3	Mark Coates	5M-39 5/10	9	8 24:22:15	14:38	Ottawa	
17	2	Patrick Campbell	5M40-49 4/17	10	8 25:11:18	15:07	Waterdown	
18	9	Frederick F Davis III	5M50+ 2/11	11	8 25:12:56	15:08	Cleveland	
19	18	Robert Gryfe	5M40-49 5/17	12	8 25:14:04	15:09	Toronto	
20	41	Tammy Sieminowski	5F-39 4/5	8	8 25:14:04	15:09	Toronto	
21	13	Alexander Fernandez-Ga	5M-39 6/10	13	8 25:44:10	15:27	Rochester	
22	19	Frank Healey	5M40-49 6/17	14	8 26:16:25	15:46	Archbald	
23	14	Anita Finkle	5F40-49 5/5	9	8 26:22:34	15:50	Roanoke	
24	15	Jay Finkle	5M40-49 7/17	15	8 26:22:35	15:50	Roanoke	
25	26	Cameron Lutley	5M-39 7/10	16	8 26:49:51	16:06	Toronto	
26	27	Philip McColl	5M50+ 3/11	17	8 28:03:40	16:51	Jerseyville	
27	31	Jennifer-Anne Meneray	5F-39 5/5	10	8 28:20:13	17:01	London	
28	4	David Collins	5M50+ 4/11	18	8 28:20:14	17:01	Burlington	
29	30	Mike Melcher	5M-39 8/10	19	8 28:30:19	17:07	Hamilton	
30	36	John Rennison	5M40-49 8/17	20	8 28:58:51	17:24	Hamilton	
31	49	Felix Wong	5M-39 9/10	21	8 29:40:35	17:49	Fort Collins	
32	25	Alan Murphy	5M-39 10/10	22	8 29:54:58	17:57	Saginaw	
	12	Nathan Echols	5M40-49 9/17	23	7 dnf		Long Valley	
	47	Markus Wiaderek	5M40-49 10/17	24	6 dnf		Ile Bizard	
	23	Robert Lebrun	5M50+ 5/11	25	6 dnf		Callander	
	37	Tom Restoule	5M50+ 6/11	26	6 dnf		Penetanguishene	
	16	Ronald Gehl	5M50+ 7/11	27	5 dnf		Kitchener	
	44	Wayne Spahr	5M40-49 11/17	28	5 dnf		Owen Sound	
	6	Bob Cook	5M40-49 12/17	29	5 dnf		Moscow	
	43	Bruce Smith	5M40-49 13/17	30	5 dnf		Burlington	
	46	Moe White	5M50+ 8/11	31	5 dnf		Burlington	
	10	Greg D'Cruz	5M40-49 14/17	32	5 dnf		Ajax	
	34	Jim Orr	5M50+ 9/11	33	4 dnf		Toronto	
	5	Wayne Collins	5M40-49 15/17	34	4 dnf		Dundas	
	39	Jeff Ruiz	5M40-49 16/17	35	4 dnf		Wales	
	17	Jim Glen	5M40-49 17/17	36	4 dnf		Hamilton	
	22	David Hughes	5M50+ 10/11	37	4 dnf		Kokomo	
	32	Jim Newin	5M50+ 11/11	38	3 dnf		Mont Saint Hilaire	

100 Miler Relay

1	594	Are We There yet	SRELAY 1/5	8 15:09:21	9:06
2	591	Hares	SRELAY 2/5	8 15:37:06	9:23
3	593	Foxes	SRELAY 3/5	8 15:51:09	9:31
4	595	Mud Sweat and Tears	SRELAY 4/5	8 16:20:01	9:48
5	592	Turtles	SRELAY 5/5	8 16:20:52	9:49

50 Miler

1	73	Adam Hill	4M-39 1/10	1	4 6:31:29	7:50	Orillia
2	80	Nancy Kleinrock	4F40-49 1/7	1	4 7:55:29	9:31	Trumansburg
3	74	Terry Jarrell	4M40-49 1/14	2	4 7:59:04	9:35	Stoney Creek

4	82 Lisa Leskien	4F-39	1/8	2	4 8:06:34	9:44	Cambridge
5	61 Denis Chenard	4M50+	1/6	3	4 8:09:35	9:48	Windsor
6	72 Paul Hennick	4M50+	2/6	4	4 8:16:31	9:56	Toronto
7	55 Howie Beattie	4M40-49	2/14	5	4 8:19:04	9:59	Cambridge
8	76 Gene Jochen	4M40-49	3/14	6	4 8:19:56	10:00	Peterborough
9	53 Vikki Baylis	4F-39	2/8	3	4 8:41:06	10:26	Burlington
10	63 Jenny Chow	4F40-49	2/7	4	4 8:42:22	10:27	Long Valley
11	60 David Carroll	4M40-49	4/14	7	4 8:50:04	10:37	Toronto
12	89 Steven Parke	4M40-49	5/14	8	4 8:53:55	10:41	Kitchener
13	67 Robert Delazzari	4M40-49	6/14	9	4 8:59:06	10:47	Toronto
14	66 Jeff Cooper	4M50+	3/6	10	4 9:12:13	11:03	Toronto
15	52 Dave Barr	4M40-49	7/14	11	4 9:16:07	11:08	Guelph
16	97 Steve Wolfe	4M-39	2/10	12	4 9:27:08	11:21	Hamilton
17	57 Simon Boag	4M40-49	8/14	13	4 9:37:36	11:34	Birmingham
18	99 Michael Sylvestea	4M-39	3/10	14	4 9:48:14	11:46	Grenada
19	56 David Bette	4M40-49	9/14	15	4 9:57:37	11:58	Sarnia
20	54 Steve Beach	4M50+	4/6	16	4 10:08:54	12:11	Richmond Hill
21	79 Bernadette Kennedy	4F40-49	3/7	5	4 10:12:34	12:16	Toronto
22	92 Adi Shnall	4F40-49	4/7	6	4 10:17:00	12:21	Thornhill
23	98 Tom Wronecki	4M-39	4/10	17	4 10:17:08	12:21	Toronto
24	94 Peter Suomela	4M50+	5/6	18	4 11:07:55	13:22	Kanata
25	51 Charles Barkowski	4M-39	5/10	19	4 11:22:56	13:40	Rochester
26	77 Donny Keller	4M50+	6/6	20	4 11:25:27	13:43	Penn
27	75 Gailanne Joachim	4F-39	3/8	7	4 11:29:59	13:48	Mississauga
28	90 Stacey Pomerleau	4F-39	4/8	8	4 11:35:00	13:54	Amherstburg
29	101 Aimee Runge	4F40-49	5/7	9	4 11:48:28	14:11	Toronto
30	81 Derek Lalonde	4M-39	6/10	21	4 11:54:12	14:18	Val Caron
31	62 Hatsuyo Mary Chino	4F-39	5/8	10	4 12:00:23	14:25	Toronto
32	83 Christine Lundvall	4F40-49	6/7	11	4 12:01:16	14:26	Toronto
33	65 Patricia Clune	4F50+	1/2	12	4 12:21:56	14:51	Toronto
34	68 Marie Dunn	4F50+	2/2	13	4 12:21:57	14:51	Toronto
35	59 Andy Carney	4M40-49	10/14	22	4 12:37:19	15:09	Orchard Park
36	70 F. Don Graham	4M40-49	11/14	23	4 12:42:51	15:16	Cambridge
37	78 Denise Kelly	4F-39	6/8	14	4 12:48:06	15:22	Mount Hope
38	91 Darlene Rahn	4F40-49	7/7	15	4 14:43:43	17:41	Guelph
	58 Barry Bourgeois	4M40-49	12/14	24	3 dnf		Montreal
	87 Vaughan McMillan	4M-39	7/10	25	3 dnf		Cambridge
	69 Karen Fitzpatrick	4F-39	7/8	16	3 dnf		Cambridge
	85 Scott McBride	4M-39	8/10	26	3 dnf		Burlington
	96 Steve Van Hoffen	4M-39	9/10	27	3 dnf		Burlington
	93 Derrick Spafford	4M40-49	13/14	28	2 dnf		Yarker
	100 Glenna Franmeni	4F-39	8/8	17	2 dnf		Toronto
	95 Henry Van Gemert	4M40-49	14/14	29	2 dnf		Oakville
	86 Colum McKinley	4M-39	10/10	30	2 dnf		Aurora
	84 Helen Malmborg	DQ	1/1	1	3 dq		Toronto

50 Km

1	115 Christina Clark	3F-39	1/12	1	3 4:03:37	4:53	Guelph
2	110 Jonathan Black	3M50+	1/14	1	3 4:10:01	5:00	Willowdale
3	165 Luke Hohenadel	3M40-49	1/15	2	3 4:14:45	5:06	Guelph
4	122 Gary Edwards	3M40-49	2/15	3	3 4:42:29	5:39	Brantford
5	114 Brian Ciesielski	3M-39	1/10	4	3 4:43:54	5:41	Orillia
6	164 John MacCulloch	3M40-49	3/15	5	3 4:47:21	5:45	burlington
7	108 Ward Beemer	3M40-49	4/15	6	3 4:51:52	5:51	Vancouver
8	153 Denise Rispolie	3F-39	2/12	2	3 4:52:22	5:51	Toronto
9	109 Victor Benoit	3M40-49	5/15	7	3 4:52:36	5:52	Dundas
10	135 Audrey Kelly	3F-39	3/12	3	3 4:54:21	5:54	Toronto
11	125 Jay Folk	3M50+	2/14	8	3 4:55:40	5:55	Kent
12	117 Darrell Cooney	3M40-49	6/15	9	3 4:59:09	5:59	Guelph
13	139 Christina Laflamme	3F-39	4/12	4	3 5:06:50	6:09	Toronto
14	121 Jeff Doran	3M-39	2/10	10	3 5:07:30	6:09	Ancaster
15	169 Dmitry Kozlov	3M-39	3/10	11	3 5:09:25	6:12	Toronto
16	149 Roger Parsons	3M50+	3/14	12	3 5:11:15	6:14	St Jacobs
17	147 Craig Mulhinch	3M40-49	7/15	13	3 5:14:53	6:18	Troy
18	156 Jill-Suzanne Sparks	3F-39	5/12	5	3 5:17:58	6:22	Bowmanville
19	120 Christine Dirks	3F50+	1/3	6	3 5:27:25	6:33	London
20	126 Cathy Gallagher	3F-39	6/12	7	3 5:29:39	6:36	Georgetown
21	134 Peter Kalra	3M40-49	8/15	14	3 5:31:54	6:39	Acton
22	146 Stephan Miklos	3M-39	4/10	15	3 5:32:58	6:40	Toronto
23	137 Katja Kleinke	3F-39	7/12	8	3 5:33:34	6:41	Waterloo
24	123 Gord England	3M50+	4/14	16	3 5:34:56	6:42	Scarborough

25	161 Anqu Howley	3F40-49	1/5	9	3 5:34:56	6:42	Mississauga
26	158 Larry Van Eenoo	3M50+	5/14	17	3 5:36:57	6:45	Mt. Elgin
27	148 Howard Parker	3M50+	6/14	18	3 5:37:43	6:46	Scarborough
28	127 Dan Gillespie	3M-39	5/10	19	3 5:45:21	6:55	Toronto
29	138 Jon Krohe	3M-39	6/10	20	3 5:45:22	6:55	Aylmer
30	136 Rob Kent	3M40-49	9/15	21	3 5:50:53	7:02	Oakville
31	141 Stephen Longhurst	3M40-49	10/15	22	3 5:52:12	7:03	Mississauga
32	151 Mel Platford	3F40-49	2/5	10	3 5:54:55	7:06	Schomberg
33	152 Henri Ragetlie	3M40-49	11/15	23	3 5:55:21	7:07	St.catharines
34	106 Mark Adler	3M50+	7/14	24	3 5:55:31	7:07	Thornhill
35	145 Kinga Miklos	3F-39	8/12	11	3 6:00:45	7:13	Toronto
36	111 Judy Brechin	3F50+	2/3	12	3 6:05:57	7:20	Burlington
37	144 A. Duff McLaren	3M50+	8/14	25	3 6:07:01	7:21	Toronto
38	168 Maria Pizzacalla	3F40-49	3/5	13	3 6:07:26	7:21	St Catharines
39	142 Hans Maier	3M50+	9/14	26	3 6:22:53	7:40	Markham
40	159 Isadora Vanriemsdijk	3F-39	9/12	14	3 6:23:18	7:40	Dundas
41	119 Nicole Dietl	3F40-49	4/5	15	3 6:26:56	7:45	Burlington
42	157 Richard Takata	3M50+	10/14	27	3 6:29:34	7:48	Etobicoke
43	140 Eric Lewis	3M-39	7/10	28	3 6:34:07	7:53	Oakville
44	163 Darren Gallent	3M40-49	12/15	29	3 6:38:07	7:58	Toronto
45	130 Brent Hysop	3M-39	8/10	30	3 6:42:39	8:04	Burlington
46	167 Tiffay Breniser	3F-39	10/12	16	3 6:45:33	8:07	Youngs Town
47	162 Michael Launby	3M40-49	13/15	31	3 6:47:35	8:10	Colingwood
48	150 James Pitt	3M50+	11/14	32	3 6:55:33	8:19	Bewdley
49	129 Martine Head	3F50+	3/3	17	3 7:02:10	8:27	Ancaster
50	118 Wendy Cormier	3F40-49	5/5	18	3 7:02:27	8:27	Brantford
51	116 Joe Cleary	3M50+	12/14	33	3 7:23:36	8:53	Georgetown
52	131 Frank Job	3M50+	13/14	34	3 7:25:24	8:55	Etobicoke
53	128 Deanne Gosselin	3F-39	11/12	19	3 10:48:03	12:58	London
54	154 Peter Rodrigues	3M-39	9/10	35	3 10:48:04	12:58	London
	107 Stanley Assing	3M-39	10/10	36	2 dnf		North York
	124 Glenn Fenning	3M40-49	14/15	37	2 dnf		Bond Head
	166 Marianne Perz	3F-39	12/12	20	2 dnf		Uxbridge
	143 Rob Marotta	3M40-49	15/15	38	2 dnf		Burlington
	112 Robert Carleton	3M50+	14/14	39	2 dnf		Oakville
DQ	113 Marcel Charland	DQ	1/2	1	3		Toronto
DQ	132 David Johnson	DQ	2/2	2	3		Toronto

25 Km

1	230 Brendan Kenny	2M-39	1/18	1	2 1:30:05	3:37	Dundas
2	211 Patrick Goeres	2M-39	2/18	2	2 1:37:23	3:54	Winnipeg
3	285 Mike Tickner	2M-39	3/18	3	2 1:40:06	4:01	Kitchener
4	291 Daryl Wood	2M-39	4/18	4	2 1:46:13	4:15	Oakville
5	240 Allan Magi	2M40-49	1/41	5	2 1:46:17	4:16	Dundas
6	278 Bill Steinburg	2M40-49	2/41	6	2 1:51:57	4:29	Barrie
7	284 Mark Tarnopolsky	2M40-49	3/41	7	2 1:52:39	4:31	Hamilton
8	300 Mike Murray	2M40-49	4/41	8	2 1:54:18	4:35	Dundas
9	194 Anthony Davey	2M40-49	5/41	9	2 1:54:43	4:36	Toronto
10	171 George Aitkin	2M50+	1/27	10	2 1:55:29	4:38	Cambridge
11	301 Steve James	2M40-49	6/41	11	2 1:55:32	4:38	Toronto
12	204 Richard Ehrlich	2M40-49	7/41	12	2 1:55:36	4:38	Palgrave
13	267 Adam Schmidt	2M-39	5/18	13	2 1:56:09	4:39	Ann Arbor
14	321 Kobin Hutuchinson	2M40-49	8/41	14	2 1:56:39	4:40	Ancaster
15	270 Sorin Selagea	2M40-49	9/41	15	2 1:57:37	4:43	Mississauga
16	288 Robert Vertesi	2M40-49	10/41	16	2 1:58:17	4:44	Hamilton
17	180 Jeremy Bolam	2M40-49	11/41	17	2 2:01:08	4:51	Hamilton
18	265 Kelly Rupoli	2F40-49	1/21	1	2 2:01:35	4:52	Guelph
19	305 Jack Killisian	2M-39	6/18	18	2 2:02:42	4:55	Toronto
20	190 Andrea Cobham	2F-39	1/26	2	2 2:03:11	4:56	Toronto
21	313 Alex McMillin	2M40-49	12/41	19	2 2:04:36	4:59	Oakville
22	263 Michael Riley	2M50+	2/27	20	2 2:05:48	5:02	Oakville
23	320 Susan Hutchinson	2F-39	2/26	3	2 2:06:34	5:04	Ancaster
24	236 Murray Legge	2M50+	3/27	21	2 2:08:54	5:10	Richmond Hill
25	243 Tony Martin	2M40-49	13/41	22	2 2:09:11	5:10	Kitchener
26	269 Peter Scott	2M40-49	14/41	23	2 2:10:54	5:15	Stoney Creek
27	181 David Bondy	2M40-49	15/41	24	2 2:11:00	5:15	Scarborough
28	193 Rich Darke	2M-39	7/18	25	2 2:11:22	5:16	Ancaster
29	202 Dale Dravistra	2M-39	8/18	26	2 2:11:26	5:16	Brantford
30	276 Paul St. Pierre	2M50+	4/27	27	2 2:11:53	5:17	Dundas
31	246 Todd Mickolwin	2M40-49	16/41	28	2 2:12:16	5:18	Richmond Hill

32	213	Sheldon Gragg	2M50+	5/27	29	2 2:13:44	5:21	Georgetown
33	289	Mark Walton	2M40-49	17/41	30	2 2:14:06	5:22	Ancaster
34	271	Steve Shaum	2M40-49	18/41	31	2 2:15:19	5:25	Trumansburg
35	268	Gabriele Schotter	2F40-49	2/21	4	2 2:15:32	5:26	London
36	207	Ralph Ferguson	2M50+	6/27	32	2 2:15:46	5:26	Ancaster
37	195	Jane De Zoete	2F50+	1/8	5	2 2:15:55	5:27	Ancaster
38	315	David Carely	2M40-49	19/41	33	2 2:16:48	5:29	Burlington
39	307	Wesley Skotzen	2M40-49	20/41	34	2 2:16:52	5:29	Burlington
40	260	David Rahn	2M40-49	21/41	35	2 2:17:40	5:31	Guelph
41	177	Jean Daniel Begin	2M40-49	22/41	36	2 2:17:52	5:31	Toronto
42	172	Julie Anderson	2F-39	3/26	6	2 2:17:53	5:31	Whitby
43	303	Mike Marshall	2M40-49	23/41	37	2 2:18:03	5:32	burlington
44	206	Sue Evel	2F40-49	3/21	7	2 2:19:08	5:34	Ancaster
45	277	Ionut Stefan	2M40-49	24/41	38	2 2:22:44	5:43	Dundas
46	215	Michael Halbmeier	2M-39	9/18	39	2 2:22:59	5:44	Burlington
47	310	Kyle Maya	2M-39	10/18	40	2 2:23:40	5:45	Hamilton
48	174	Wayne Arnold	2M40-49	25/41	41	2 2:23:56	5:46	Burlington
49	258	Sophia Perrelli	2F-39	4/26	8	2 2:24:09	5:46	Hamilton
50	312	Scott Gceyl	2M40-49	26/41	42	2 2:24:09	5:46	Oakville
51	224	Neil Jefferson	2M50+	7/27	43	2 2:24:54	5:48	Huntsville
52	209	Jerry Friesen	2M40-49	27/41	44	2 2:25:27	5:50	Grimsby
53	176	Brad Barkowski	2M-39	11/18	45	2 2:25:29	5:50	Rochester
54	256	Mitzi Paquette	2F-39	5/26	9	2 2:25:30	5:50	Oshawa
55	308	Brain Lauzon	2M40-49	28/41	46	2 2:25:43	5:50	Peterborough
56	282	Boleslaw Szramek	2M50+	8/27	47	2 2:26:45	5:53	Mississauga
57	235	Matthew Legge	2M-39	12/18	48	2 2:27:02	5:53	Richmond Hill
58	187	Barb Campbell	2F40-49	4/21	10	2 2:27:08	5:54	Palgrave
59	262	Michael Rigato	2M50+	9/27	49	2 2:28:28	5:57	Brampton
60	191	Angela Cummings	2F-39	6/26	11	2 2:28:32	5:57	Acton
61	173	Gerry Arbour	2M50+	10/27	50	2 2:29:32	5:59	Toronto
62	255	Reed Nelson	2M40-49	29/41	51	2 2:29:42	6:00	Toronto
63	311	Jtyenl Jung	2M-39	13/18	52	2 2:29:46	6:00	Busan
64	210	Nicole Garon	2F-39	7/26	12	2 2:29:47	6:00	Cambridge
65	231	Howie Keown	2M50+	11/27	53	2 2:30:40	6:02	Dundas
66	304	Mark Duggan	2M40-49	30/41	54	2 2:31:15	6:03	Toronto
67	257	Glen Patterson	2M50+	12/27	55	2 2:32:27	6:06	Hamilton
68	179	Kai Black	2M40-49	31/41	56	2 2:32:52	6:07	Toronto
69	253	Charlotte Murphy	2F-39	8/26	13	2 2:33:03	6:08	Guelph
70	318	Zoe Bubel	2F-39	9/26	14	2 2:33:04	6:08	Guelph
71	205	Ador Estravillo	2M40-49	32/41	57	2 2:34:41	6:12	Dundas
72	199	Elizabeth Dier	2F-39	10/26	15	2 2:34:45	6:12	Dundas
73	221	Tracey Jamieson	2F-39	11/26	16	2 2:34:50	6:12	Burlington
74	302	Rebecca Jesseman	2F-39	12/26	17	2 2:35:55	6:15	ohaw
75	233	Jeff Kiefhaber	2M-39	14/18	58	2 2:37:22	6:18	Bulrington
76	283	Jackie Tarnopolsky	2F40-49	5/21	18	2 2:37:33	6:19	Hamilton
77	254	Jodi Murray	2F40-49	6/21	19	2 2:38:45	6:21	Waterloo
78	295	Bill Reavaly	2M50+	13/27	59	2 2:38:47	6:22	
79	184	Sonya Brons	2F40-49	7/21	20	2 2:38:55	6:22	Hamilton
80	272	Scott Smith	2M40-49	33/41	60	2 2:39:32	6:23	Guelph
81	281	Alfred Szramek	2M40-49	34/41	61	2 2:40:06	6:25	Mississauga
82	237	Raymond Lobo	2M50+	14/27	62	2 2:40:23	6:25	Hamilton
83	286	Helen Tsai	2F-39	13/26	21	2 2:40:36	6:26	Scarborough
84	280	Kim Sutherland	2F40-49	8/21	22	2 2:41:25	6:28	Bancroft
85	293	Chris Worobec	2M-39	15/18	63	2 2:42:16	6:30	Burlington
86	292	Ashley Worobec	2F-39	14/26	23	2 2:42:16	6:30	Burlington
87	244	Michaela McClure	2F-39	15/26	24	2 2:42:17	6:30	Scarborough
88	201	Tomas Dobransky	2M40-49	35/41	64	2 2:42:51	6:31	London
89	309	Bruck Hogg	2M50+	15/27	65	2 2:43:10	6:32	Richmondhill
90	222	Georgia Jarman	2F40-49	9/21	25	2 2:45:17	6:37	Brantford
91	250	Tracy Morrison	2F-39	16/26	26	2 2:45:26	6:38	Stouffville
92	217	Lionel Henry	2M50+	16/27	66	2 2:45:27	6:38	Stouffville
93	229	Victoria Keegan	2F-39	17/26	27	2 2:48:07	6:44	Dundas
94	319	Katie Hogg	2F-39	18/26	28	2 2:48:07	6:44	Hamilton
95	241	Kathryn Mancarella	2F-39	19/26	29	2 2:48:59	6:46	Syracuse
96	264	Matthew Ripke	2M-39	16/18	67	2 2:49:00	6:46	Syracuse
97	220	Jennifer Ippolito	2F-39	20/26	30	2 2:49:27	6:47	Ancaster
98	316	Sandi Stiel	2M40-49	36/41	68	2 2:49:50	6:48	Toronto
99	216	Linda Henry	2F50+	2/8	31	2 2:51:18	6:52	London
100	232	Gerry Kew	2M40-49	37/41	69	2 2:52:19	6:54	Burlington
101	203	Cheryl Dsouza	2F40-49	10/21	32	2 2:54:28	6:59	Toronto
102	200	Dominik Dobransky	2M-39	17/18	70	2 2:55:15	7:01	London
103	296	Jerry Bosancich	2M40-49	38/41	71	2 2:55:24	7:01	Hamilton

104	208	Katherine Francey	2F40-49	11/21	33	2 2:56:47	7:05	Burlington
105	178	Lynette Bickham	2F50+	3/8	34	2 2:56:47	7:05	Burlington
106	294	Terry Brown	2M50+	17/27	72	2 2:56:53	7:05	Hamilton
107	275	Boris Spiwak	2M40-49	39/41	73	2 2:57:19	7:06	Hamilton
108	198	Spence Dickson	2M50+	18/27	74	2 2:58:10	7:08	Shelburne
109	212	Larry Gooder	2M50+	19/27	75	2 3:02:49	7:19	London
110	306	David Hewitt	2M50+	20/27	76	2 3:02:52	7:19	Dundas
111	197	Debbie Deveau	2F50+	4/8	35	2 3:02:57	7:20	Peterborough
112	279	Nilusha Stevenson	2F-39	21/26	36	2 3:03:20	7:20	Burlington
113	219	Kelly Holtz	2F-39	22/26	37	2 3:03:21	7:21	Milton
114	297	Jeff Shnall	2M40-49	40/41	77	2 3:03:59	7:22	Thernhill
115	226	Helen Kalra	2F40-49	12/21	38	2 3:07:09	7:30	Acton
116	218	Barb Hill	2F40-49	13/21	39	2 3:07:54	7:31	Caledonia
117	261	Jim Ratcliffe	2M50+	21/27	78	2 3:08:06	7:32	Georgetown
118	185	Peggy Brown	2F50+	5/8	40	2 3:10:17	7:37	Dundas
119	183	Joanne Brohman	2F40-49	14/21	41	2 3:11:03	7:39	Caledonia
120	225	Gary Johnson	2M50+	22/27	79	2 3:19:38	8:00	Oakville
121	273	Therese Sousa	2F40-49	15/21	42	2 3:19:40	8:00	Hamilton
122	259	Wendy Piedimonte	2F40-49	16/21	43	2 3:19:41	8:00	Hamilton
123	239	Cheryl Maclean	2F-39	23/26	44	2 3:21:57	8:05	Uxbridge
124	247	Sandra Mihalides	2F40-49	17/21	45	2 3:27:26	8:18	Smithville
125	317	Cheryl Stepan	2F-39	24/26	46	2 3:27:30	8:18	Hamilton
126	314	Aley McBride	2M50+	23/27	80	2 3:32:28	8:30	Burlington
127	214	Gary Gudlin	2M50+	24/27	81	2 3:36:58	8:41	Jamesville
128	242	Maria Mancarella	2F-39	25/26	47	2 3:36:58	8:41	Syracuse
129	245	Glenis McLaren	2F40-49	18/21	48	2 3:38:42	8:45	Holland Landing
130	223	Janis Jarvis	2F50+	6/8	49	2 3:38:42	8:45	Holland Landing
131	274	Joanna Speller	2F50+	7/8	50	2 3:44:41	9:00	Hamilton
132	238	Bev Macculloch	2F40-49	19/21	51	2 3:45:09	9:01	Burlington
133	298	Michael Kemery	2M50+	25/27	82	2 3:48:15	9:08	Ancaster
134	266	Michael Samarelli	2M50+	26/27	83	2 3:51:35	9:16	Pickering
135	251	Karen Mulhinch	2F40-49	20/21	52	2 4:22:04	10:29	Troy
	299	Jim Seeds	2M-39	18/18	84	1	dnf	Waterloo
	249	Sara Montgomery	2F-39	26/26	53	1	dnf	Yarker
	189	Philip Clark	2M40-49	41/41	85	1	dnf	Mississauga
	228	Ken Keegan	2M50+	27/27	86	1	dnf	Dundas
	248	Cheryl Miller	2F40-49	21/21	54	1	dnf	Mount Hope
	227	Femie Keegan	2F50+	8/8	55	1	dnf	Dundas

10 Km

1	403	Kyle Ferguson	1M20-29	1/10	1	1 39:03	3:55	Oakville
2	499	Allan Mawhinney	1M40-49	1/15	2	1 40:01	4:01	Burlington
3	478	Jakob Van Dorp	1M20-29	2/10	3	1 40:22	4:03	Warton
4	509	Doug Beck	1M30-39	1/16	4	1 40:37	4:04	Dundas
5	400	Paul Dunsford	1M30-39	2/16	5	1 41:53	4:12	Hamilton
6	491	Jim Omeara	1M50-59	1/13	6	1 43:36	4:22	Burlington
7	449	Andrew Ponsen	1M40-49	2/15	7	1 44:02	4:25	Burlington
8	463	Manuel Saumon	1M40-49	3/15	8	1 44:41	4:29	Mississauga
9	498	Tom Brye	1M40-49	4/15	9	1 44:52	4:30	guelph
10	482	Matthew West	1M20-29	3/10	10	1 45:04	4:31	Niagara Falls
11	413	Gary Hastings	1M60+	1/6	11	1 45:53	4:36	Burlington
12	410	Jeffrey Greenspoon	1M20-29	4/10	12	1 46:17	4:38	Hamilton
13	441	Sarah Parfeniuk	1F-19	1/6	1	1 46:40	4:40	Dundas
14	389	Melinda Charbonneau	1F-19	2/6	2	1 46:41	4:41	Sarnia
15	453	Dave Pyle	1M40-49	5/15	13	1 46:53	4:42	Burlington
16	518	Dordon Albin	1M40-49	6/15	14	1 46:59	4:42	Hamilton
17	382	Martin Boardman	1M30-39	3/16	15	1 47:12	4:44	Dundas
18	452	Richard Powell	1M30-39	4/16	16	1 47:30	4:45	Paris
19	496	Paul Rainey	1M60+	2/6	17	1 47:32	4:46	Burlington
20	484	Colleen Wilson	1F-19	3/6	3	1 47:46	4:47	Ancaster
21	472	Desmond Sweeney	1M30-39	5/16	18	1 47:55	4:48	Hamilton
22	508	Jennifer Beck	1F30-39	1/24	4	1 48:01	4:49	Dundas
23	519	Mathan Stewart	1M30-39	6/16	19	1 48:30	4:51	Waterdown
24	504	Chris Bouman	1M-19	1/5	20	1 48:39	4:52	Hamilton
25	487	Jennifer Yates	1F40-49	1/26	5	1 48:40	4:52	Dundas
26	512	Clarie Summer	1F-19	4/6	6	1 48:48	4:53	Ancaster
27	430	George McMenemy	1M50-59	2/13	21	1 49:12	4:56	Burlington
28	510	Kate Wiley/summer	1F40-49	2/26	7	1 49:22	4:57	Ancaster
29	439	Tim O'Neail	1M40-49	7/15	22	1 49:29	4:57	Simcoe

30	467	John Shimmell	1M50-59	3/13	23	1	49:50	4:59	Ancaster
31	495	Stepha Vangemet	1M-19	2/5	24	1	50:06	5:01	Oakville
32	373	Giuseppe Argentino	1M30-39	7/16	25	1	50:10	5:01	Hamilton
33	500	Kirill Kozlov	1M-19	3/5	26	1	50:38	5:04	Toronto
34	424	Amy Maher	1F20-29	1/14	8	1	51:07	5:07	Hamilton
35	415	Mike Hoad	1M30-39	8/16	27	1	51:09	5:07	Hamilton
36	372	Bill Allan	1M50-59	4/13	28	1	51:55	5:12	Burlington
37	477	Carrie Van Dorp	1F20-29	2/14	9	1	52:21	5:15	Warton
38	381	Dawn Berkelaar	1F30-39	2/24	10	1	52:24	5:15	Hamilton
39	418	Deckey Jackson	1F30-39	3/24	11	1	52:46	5:17	Dundas
40	447	Adrian Peters	1M60+	3/6	29	1	53:00	5:18	Caistor Centre
41	412	Aaron Harris	1M20-29	5/10	30	1	53:03	5:19	Oakville
42	446	Barbora Pek	1F30-39	4/24	12	1	53:42	5:23	Hamilton
43	513	Rod Samuelson	1M30-39	9/16	31	1	53:42	5:23	Buffalo
44	384	Travers Brace	1M20-29	6/10	32	1	53:45	5:23	Toronto
45	461	Sheila Russek	1F20-29	3/14	13	1	54:09	5:25	Hamilton
46	371	Alissa Aboud	1F20-29	4/14	14	1	54:32	5:28	Hamilton
47	460	Heather Russek	1F20-29	5/14	15	1	54:34	5:28	Oakville
48	385	Deanna Brearley	1F40-49	3/26	16	1	54:36	5:28	Burlington
49	515	Renee Zareski	1F40-49	4/26	17	1	54:42	5:29	Brantford
50	407	Elizabeth Flenniken	1F40-49	5/26	18	1	54:44	5:29	Burlington
51	456	Kirby Reddin	1M30-39	10/16	33	1	54:48	5:29	Oakville
52	443	Fran Payne	1F40-49	6/26	19	1	55:12	5:32	Port Dover
53	442	Steven Parfeniuk	1M40-49	8/15	34	1	55:15	5:32	Dundas
54	455	Hilary Reddin	1F30-39	5/24	20	1	55:16	5:32	Oakville
55	459	Sarah Robertson	1F30-39	6/24	21	1	55:19	5:32	Burlington
56	481	Susan Wahlroth	1F40-49	7/26	22	1	55:21	5:33	Guelph
57	391	Dennis Christopher	1M50-59	5/13	35	1	55:29	5:33	Burlington
58	507	Shawn Kauawaugh	1M20-29	7/10	36	1	55:41	5:35	Scarborough
59	429	Heather McKay	1F30-39	7/24	23	1	55:44	5:35	Paris
60	387	Natalie Campanella	1F30-39	8/24	24	1	57:03	5:43	Oakville
61	420	Randy Jolliffe	1M50-59	6/13	37	1	57:12	5:44	Cambridge
62	444	Ted Payne	1M50-59	7/13	38	1	57:13	5:44	Port Dover
63	490	Pauline Omeara	1F40-49	8/26	25	1	57:22	5:45	Burlington
64	428	Peter Mattei	1M30-39	11/16	39	1	57:50	5:47	Hamilton
65	497	Cory Newton	1M30-39	12/16	40	1	57:59	5:48	Ancaster
66	426	Erin Martin	1F20-29	6/14	26	1	58:13	5:50	Hamilton
67	473	John Tarbush	1M50-59	8/13	41	1	58:42	5:53	Guelph
68	388	Heather Campbell	1F20-29	7/14	27	1	58:44	5:53	Etobicoke
69	378	David Basford	1M60+	4/6	42	1	59:10	5:55	Dundas
70	409	Alena Gadoury	1F20-29	8/14	28	1	59:22	5:57	Hamilton
71	434	Barbara Anne Molo-Kato	1F30-39	9/24	29	1	59:25	5:57	Toronto
72	383	Lynn Bommarito	1F50-59	1/7	30	1	59:32	5:58	Ancaster
73	485	Daphne Wood	1F30-39	10/24	31	1	59:34	5:58	Oakville
74	511	Dan Snider	1M50-59	9/13	43	1	59:36	5:58	Burlington
75	440	Tom O'Neil	1M40-49	9/15	44	1	59:57	6:00	Brantford
76	395	Nicol Decourcy-Donovan	1F30-39	11/24	32	1	1:00:11	6:02	Dundas
77	448	Lisa Petrisor	1F30-39	12/24	33	1	1:00:42	6:05	Dundas
78	458	Lydia Ripke	1F20-29	9/14	34	1	1:00:44	6:05	Syracuse
79	393	Hana Combs-Jilichova	1F30-39	13/24	35	1	1:01:14	6:08	Hamilton
80	402	Csaba Felkai	1M20-29	8/10	45	1	1:01:16	6:08	Hamilton
81	475	Ray Trask	1M50-59	10/13	46	1	1:01:17	6:08	Carlisle
82	397	Harvey Derrington	1M60+	5/6	47	1	1:01:20	6:08	Ancaster
83	398	Danielle Derrington-Fr	1F20-29	10/14	36	1	1:01:21	6:09	Ancaster
84	396	Kim Dell	1F40-49	9/26	37	1	1:01:24	6:09	Ancaster
85	479	Sherri Vansickle	1F30-39	14/24	38	1	1:01:25	6:09	Burlington
86	480	Kathy Wade	1F40-49	10/26	39	1	1:01:37	6:10	Waterdown
87	414	Elizabeth Hinds	1F30-39	15/24	40	1	1:01:38	6:10	Bowmanville
88	451	Sarah Portman	1F30-39	16/24	41	1	1:01:38	6:10	Burlington
89	404	Wanda Ferguson	1F40-49	11/26	42	1	1:01:41	6:11	Mississauga
90	408	Michael Flenniken	1M50-59	11/13	48	1	1:01:53	6:12	Burlington
91	377	Claire Bartlett	1F40-49	12/26	43	1	1:02:12	6:14	Mississauga
92	474	Jane Thomas	1F40-49	13/26	44	1	1:02:26	6:15	Ancaster
93	501	Nicole Kozlove	1F-19	5/6	45	1	1:02:52	6:18	Toronto
94	503	Sue Lenarduzzi	1F50-59	2/7	46	1	1:02:57	6:18	hamilton
95	457	Sue Reinholt	1F50-59	3/7	47	1	1:03:09	6:19	Oakville
96	462	Catherine Sanderson	1F30-39	17/24	48	1	1:03:20	6:20	Cambridge
97	390	Michele Chomniak	1F30-39	18/24	49	1	1:03:26	6:21	Burlington
98	432	Michael Mete	1M-19	4/5	49	1	1:03:27	6:21	Caledonia
99	431	Georgia Mete	1F40-49	14/26	50	1	1:03:32	6:22	Caledonia
100	433	Phil Mete	1M40-49	10/15	50	1	1:03:32	6:22	Caledonia
101	435	Katherine Morse	1F50-59	4/7	51	1	1:03:45	6:23	Paris

102	437	Derek Myke	1M20-29	9/10	51	1	1:04:07	6:25	Washago
103	423	Natasha Komienski	1F20-29	11/14	52	1	1:04:26	6:27	London
104	466	Andrea Shelenko	1F40-49	15/26	53	1	1:04:42	6:29	Burlington
105	468	Nicky Simmons	1F30-39	19/24	54	1	1:04:44	6:29	Burlington
106	374	Dani Atkinson	1F30-39	20/24	55	1	1:04:44	6:29	Burlington
107	450	Paul Portman	1M30-39	13/16	52	1	1:05:12	6:32	Burlington
108	375	David Barkowski	1M-19	5/5	53	1	1:05:15	6:32	Rochester
109	494	Bethany Knos	1F20-29	12/14	56	1	1:05:20	6:32	Alberton
110	493	Beracha Tyrreue	1F-19	6/6	57	1	1:05:22	6:33	Hamilton
111	516	John Hrycznski	1M50-59	12/13	54	1	1:05:27	6:33	Hamilton
112	438	Barry O'Grady	1M40-49	11/15	55	1	1:05:32	6:34	Burlington
113	476	Brock Tupper	1M30-39	14/16	56	1	1:06:14	6:38	Burlington
114	483	Jennifer Whitton	1F30-39	21/24	58	1	1:06:17	6:38	Port Dover
115	520	Darcie Stawart	1M30-39	15/16	57	1	1:06:17	6:38	Waterdown
116	492	Andrew Knor	1M40-49	12/15	58	1	1:06:29	6:39	Auberton
117	427	Helen Martineau	1F40-49	16/26	59	1	1:06:34	6:40	Freelton
118	422	Lesley Knapp	1F40-49	17/26	60	1	1:06:46	6:41	Greensville
119	419	Rae Jerome	1M40-49	13/15	59	1	1:06:47	6:41	Greensville
120	464	Brad Serena	1M30-39	16/16	60	1	1:06:47	6:41	Burlington
121	376	Donna Barrick	1F40-49	18/26	61	1	1:06:49	6:41	Burlington
122	416	Neil Howie	1M40-49	14/15	61	1	1:06:50	6:41	Burlington
123	379	Matt Beemer	1M40-49	15/15	62	1	1:07:41	6:47	Mississauga
124	380	Patte Beltrame	1F40-49	19/26	62	1	1:07:53	6:48	Waterdown
125	445	Jeannette Pearce	1F40-49	20/26	63	1	1:08:37	6:52	Hamilton
126	506	Vesley Chefero	1F50-59	5/7	64	1	1:08:47	6:53	Stouffville
127	514	Elaine Everett	1F50-59	6/7	65	1	1:09:03	6:55	Waterdown
128	489	Jennifer Wojnicki	1F30-39	22/24	66	1	1:09:05	6:55	Homburg
129	417	Valerie Iantomasi	1F40-49	21/26	67	1	1:09:41	6:59	Hamilton
130	486	Kate Woods	1F40-49	22/26	68	1	1:10:20	7:02	Carlisle
131	470	Lianne Sinclair	1F40-49	23/26	69	1	1:10:21	7:03	Mississauga
132	386	Judith Buruk	1F60+	1/1	70	1	1:10:22	7:03	Toronto
133	505	Anne McLean	1M50-59	13/13	63	1	1:10:37	7:04	NewMarket
134	394	Alex Cowie	1M60+	6/6	64	1	1:12:43	7:17	Oshawa
135	471	Karen Steinke	1F40-49	24/26	71	1	1:13:19	7:20	Burlington
136	502	Olye Kozlova	1F30-39	23/24	72	1	1:14:34	7:28	Toronto
137	436	Mala Murty	1F40-49	25/26	73	1	1:23:00	8:18	London
138	399	Dorinda Duhasky	1F50-59	7/7	74	1	1:23:11	8:20	Etobicoke
139	454	Krista Randle	1F30-39	24/24	75	1	1:23:12	8:20	Toronto
140	401	Margaret Ende	1F20-29	13/14	76	1	1:23:39	8:22	Hamilton
141	421	Aleen Kilislian	1F20-29	14/14	77	1	1:26:09	8:37	Willowdale
142	406	Sue Flaherty	1F40-49	26/26	78	1	1:29:19	8:56	Cayuga
143	405	Jeff Flaherty	1M20-29	10/10	65	1	1:29:20	8:56	Cayuga
144	517	Brad Mitchell			66	1	1:40:29	10:03	Oakville

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