

Sulphur Springs Trail Runs  
Saturday May 26, 2007

100 Miler

Place	Bib	Name	Class /finishers	Place	Gender Place	Laps & Time	Comp. Pace /Mi	City
1	30	Jim Orr	5M50+	1/17	1	8 17:14:53	10:21	Toronto
2	38	Jeff Simpkins	5M40-49	1/10	2	8 18:32:43	11:08	Keswick
3	22	Laurie McGrath	5F<40	1/4	1	8 18:57:06	11:23	Baden
4	4	Jeff Christian	5M<40	1/8	3	8 19:26:02	11:40	Beaverton MI
5	32	Keith Peters	5M<40	2/8	4	8 20:46:04	12:28	St Catharines
6	8	Jim Cook	5M40-49	2/10	5	8 20:46:58	12:29	Carbondale PA
7	42	Charlotte Vasarhelyi	5F<40	2/4	2	8 21:45:48	13:04	Guelph
8	11	Gord England	5M50+	2/17	6	8 21:49:23	13:06	Scarborough
9	2	George Biondic	5M50+	3/17	7	8 22:28:49	13:30	Aurora
10	16	Luke Hohenadel	5M40-49	3/10	8	8 22:41:17	13:37	Guelph
11	23	Theresa McGrath	5F<40	3/4	3	8 23:53:28	14:21	Kitchener
12	41	Steve Trahey	5M<40	3/8	9	8 24:17:51	14:35	Wayne MI
13	7	Bob Cook	5M40-49	4/10	10	8 24:18:23	14:36	Moscow PA
14	18	Gene Jochen	5M40-49	5/10	11	8 24:23:23	14:39	Peterborough
15	12	Ronald Gehl	5M50+	4/17	12	8 25:41:39	15:25	Kitchener
16	21	Rick McDowell	5M50+	5/17	13	8 25:53:57	15:33	Ajax
17	35	John Rennison	5M40-49	6/10	14	8 26:28:30	15:54	Hamilton
18	43	Moe White	5M50+	6/17	15	8 26:28:30	15:54	Burlington
19	6	David Collins	5M50+	7/17	16	8 26:36:44	15:59	Burlington
20	15	G Geraline Harvey	5F40-49	1/2	4	8 26:38:17	15:59	Whitby
21	34	Henri Ragetlie	5M40-49	7/10	17	8 27:20:37	16:25	St. Catharines
22	9	Frederick F. Davis	5M50+	8/17	18	8 27:47:53	16:41	Bedford OH
23	33	Rolly Portelance	5M50+	9/17	19	8 28:09:11	16:54	Chelmsford
24	5	Mark Coates	5M<40	4/8	20	8 28:09:57	16:54	Ottawa
25	39	Gavin Simpson	5M50+	10/17	21	8 28:27:27	17:05	Ajax
26	31	Howard Parker	5M50+	11/17	22	8 28:30:13	17:07	Scarborough
27	10	Scott Douglas	5M40-49	8/10	23	8 29:12:33	17:32	Kitchener
28	20	Cameron Lutley	5M<40	5/8	24	8 29:22:12	17:38	Toronto
29	3	Louisa Cantelon	5F40-49	2/2	5	8 29:34:58	17:45	Toronto
30	14	Peter Gorham	5M50+	12/17	25	8 29:50:38	17:55	Whitby
dnf	26	Vaughan McMillan	5M<40	6/8	26	7 22:47:19		Cambridge
dnf	27	Jennifer-Anne Meneray	5F<40	4/4	6	6 18:58:53		London
dnf	36	Tom Restoule	5M50+	13/17	27	6 19:39:01		Penetanguishene
dnf	40	Peter Suomela	5M50+	14/17	28	6 19:40:27		Kanata
dnf	29	Jim Newin	5M50+	15/17	29	5 12:04:53		Mont Saint Hilaire QC
dnf	1	Rick Bachor	5M50+	16/17	30	5 12:08:36		Edmonton AB
dnf	25	Colum McKinley	5M<40	7/8	31	5 13:15:53		Aurora
dnf	37	Jeffrey Ruiz	5M40-49	9/10	32	5 15:41:53		Avoca MI
dnf	19	Kelly Kramp	5M40-49	10/10	33	2 3:37:23		New Liskeard
dnf	13	Jim Glen	5M<40	8/8	34	2 5:22:22		Hamilton
dnf	28	Bob Miller	5M50+	17/17	35	1 4:17:01		Canton MI

100 Mile Relay

Place	Bib	Name	Class /finishers	Place	Gender Place	Laps & Time	Comp. Pace /Mi	City
1	802	Hares	5RELAY	1/3		7 15:37:53		
2	804	Trail Mix	5RELAY	2/3		7 15:44:53		
3	803	Turtles	5RELAY	3/3		6 16:08:53		

50 Miler

Place	Bib	Name	Class /finishers	Place	Gender Place	Laps & Time	Comp. Pace /Mi	City
1	63	Adam Hill	4M<40	1/6	1	4 6:39:56	8:00	Orillia
2	85	Paul Trebilcock	4M40-49	1/13	2	4 7:25:46	8:55	Hamilton
3	70	Geoff Linton	4M40-49	2/13	3	4 7:35:14	9:07	Guelph
4	65	Terry Jarrell	4M40-49	3/13	4	4 7:39:38	9:12	Stoney Creek
5	86	Henry Van Gemert	4M40-49	4/13	5	4 7:55:48	9:31	Oakville
6	77	Steven Parke	4M40-49	5/13	6	4 8:14:42	9:54	Kitchener
7	50	Jeff Ashizawa	4M40-49	6/13	7	4 8:40:26	10:25	Waterloo
8	53	Robert Bucelli	4M<40	2/6	8	4 8:46:48	10:33	Williamsville

9	52	Vikki Baylis	4F<40	1/7	1	4	8:57:18	10:45	Burlington
10	64	Ian Hobler	4M<40	3/6	9	4	8:59:38	10:48	Ottawa
11	69	Rejean Paul Lavoie	4M<40	4/6	10	4	9:23:52	11:17	Kitchener
12	84	Christine Torres	4F<40	2/7	2	4	9:25:29	11:19	London
13	61	Robert Gryfe	4M40-49	7/13	11	4	9:46:01	11:44	Toronto
14	81	Tammy Sieminowski	4F<40	3/7	3	4	9:46:01	11:44	Toronto
15	83	Dennis Swan	4M40-49	8/13	12	4	9:50:53	11:50	Hamilton
16	71	Stephanie Macdonald	4F<40	4/7	4	4	9:52:06	11:51	Toronto
17	68	Brian Lauzon	4M40-49	9/13	13	4	9:52:43	11:52	Peterborough
18	73	G. Scott Maxwell	4M50+	1/5	14	4	10:22:07	12:27	Indialantic
19	78	John Pepke	4M40-49	10/13	15	4	10:27:11	12:33	Depew
20	51	Joan Balinas	4F40-49	1/3	5	4	10:34:59	12:42	Carbondale
21	88	Aimee Runge	4F40-49	2/3	6	4	10:56:41	13:09	Toronto
22	87	Martin Hamelin	4M<40	5/6	16	4	10:59:15	13:12	Pointe Claire
23	76	Jim Mullenix	4M40-49	11/13	17	4	11:12:11	13:27	London
24	75	Philip McColl	4M50+	2/5	18	4	11:16:11	13:32	Jerseyville
25	80	Monica Scholz	4F<40	5/7	7	4	11:16:11	13:32	Jerseyville
26	58	Ron Francis	4M50+	3/5	19	4	11:19:35	13:36	Perth
27	55	Tomas Dobransky	4M40-49	12/13	20	4	11:56:04	14:20	London
28	66	Gailanne Joachim	4F<40	6/7	8	4	12:16:54	14:45	Mississauga
29	54	Wendy Coates	4F<40	7/7	9	4	12:19:07	14:47	Ottawa
30	56	Tony Dumas	4M50+	4/5	21	4	12:34:23	15:06	Sudbury
31	72	Helen Malmberg	4F50+	1/1	10	4	12:47:53	15:22	Toronto
dnf	82	Wayne Spahr	4M40-49	13/13	22	3	6:04:46		Owen Sound
dnf	74	Scott McBride	4M<40	6/6	23	3	9:07:48		Burlington
dnf	59	Stuart Gleman	4M50+	5/5	24	3	10:25:38		Titusville
dnf	79	Darlene Rahn Rmt	4F40-49	3/3	11	3	10:27:17		Guelph

50 Km

Place	Bib	Name	Class	Place /finishers	Gender	Laps	Comp. & Time	Pace /Km	City
1	110	Jonathan Black	3M40-49	1/9	1	3	3:53:56	4:41	Willowdale
2	113	Christina Clark	3F<40	1/9	1	3	4:12:10	5:03	Guelph
3	134	Paul Shewchuk	3M<40	1/11	2	3	4:15:42	5:07	Kitchener
4	122	Blair Layng	3M40-49	2/9	3	3	4:25:02	5:19	Tillsonburg
5	102	Ivan Amodeo	3M<40	2/11	4	3	4:25:50	5:19	Hamilton
6	116	Robert Delazzari	3M40-49	3/9	5	3	4:27:12	5:21	Toronto
7	145	Marianne Perz	3F<40	2/9	2	3	4:35:13	5:31	Uxbridge
8	107	Howie Beattie	3M40-49	4/9	6	3	4:37:02	5:33	Cambridge
9	147	Robet McGrath	3M<40	3/11	7	3	4:37:44	5:34	Toronto
10	131	Andrea Plas	3F<40	3/9	3	3	4:39:37	5:36	Hamilton
11	117	Tracy Greig	3F<40	4/9	4	3	4:42:51	5:40	Owen Sound
12	143	Jack Kilislian	3M<40	4/11	8	3	4:43:20	5:40	North York
13	109	Victor Benoit	3M40-49	5/9	9	3	4:46:49	5:45	Dundas
14	136	Robert Stallings	3M<40	5/11	10	3	4:50:14	5:49	New Braunfels
15	104	Jerry Bakker	3M40-49	6/9	11	3	4:55:51	5:56	Mississauga
16	101	Noel Agellon	3M<40	6/11	12	3	5:01:30	6:02	Burlinton
17	137	Wouter Van Essen	3M50+	1/8	13	3	5:06:39	6:08	Mississauga
18	126	Dale Morris	3M<40	7/11	14	3	5:10:47	6:13	Rr#1 Welland
19	140	Valerie Weidman	3F40-49	1/6	5	3	5:14:58	6:18	West Reading
20	120	David Kennedy	3M<40	8/11	15	3	5:21:00	6:26	Washago
21	130	Roger Parsons	3M50+	2/8	16	3	5:24:50	6:30	St. Jacobs
22	105	Doug Barber	3M50+	3/8	17	3	5:27:43	6:34	Owen Sound
23	118	Angie Hawley	3F40-49	2/6	6	3	5:31:15	6:38	Mississauga
24	148	Don Harris	3M50+	4/8	18	3	5:33:52	6:41	Toronto
25	127	Craig Mulhinch	3M40-49	7/9	19	3	5:38:57	6:47	Troy
26	108	Teresa Bendo	3F<40	5/9	7	3	5:40:22	6:49	Barrie
27	129	Theresa Palmieri	3F40-49	3/6	8	3	5:43:22	6:53	Buffalo
28	125	A. Duff McLaren	3M50+	5/8	20	3	5:47:42	6:58	Toronto
29	119	Kevin Johnston	3M<40	9/11	21	3	5:49:10	6:59	London
30	139	Thomas Wachner	3M40-49	8/9	22	3	5:55:27	7:07	Grimsby
31	138	Steve Van Hoffen	3M<40	10/11	23	3	5:56:17	7:08	Burlington
32	124	Hans Maier	3M50+	6/8	24	3	6:01:27	7:14	Markham
33	123	Christine Lundvall	3F40-49	4/6	9	3	6:09:57	7:24	Toronto
34	114	Patricia Clune	3F50+	1/1	10	3	6:09:58	7:24	Toronto
35	121	Katja Kleinke	3F<40	6/9	11	3	6:11:26	7:26	Waterloo
36	149	Diana Marongio-Lutz	3F40-49	5/6	12	3	6:11:28	7:26	Watrona Heights
37	142	Gord Harthun	3M50+	7/8	25	3	6:13:54	7:29	Hamilton

38	144	Michael Lazenby	3M40-49	9/9	26	3 6:38:00	7:58	Collingwood
39	135	Adi Shnall	3F40-49	6/6	13	3 6:46:39	8:08	Thornhill
40	146	David Goodsell	3M50+	8/8	27	3 7:00:26	8:25	Niagara Falls
41	111	Tiffany Breniser	3F<40	7/9	14	3 7:00:27	8:25	Youngstown
42	103	Beth Auman	3F<40	8/9	15	3 7:00:28	8:25	Morgantown
43	112	Kim Chmielewicz	3F<40	9/9	16	3 7:16:40	8:44	Amherst
dnf	132	David Polap	3M<40	11/11	28	2 4:41:25		Hamilton

25 Km

Place	Bib	Name	Class /finishers	Place	Gender	Laps & Time	Comp.	Pace /Km	City
1	251	Mark Tarnopolsky	2M40-49	1/33	1	2 1:42:22	4:06	Hamilton	
2	159	Michael Bown	2M<40	1/28	2	2 1:42:23	4:06	Hamilton	
3	243	Jim Seeds	2M<40	2/28	3	2 1:45:35	4:14	Waterford	
4	253	Mike Tickner	2M<40	3/28	4	2 1:45:51	4:14	Kitchener	
5	180	Hans Fransson	2M<40	4/28	5	2 1:46:06	4:15	Hamilton	
6	211	Allan Magi	2M40-49	2/33	6	2 1:47:32	4:19	Dundas	
7	212	Roger Marques	2M40-49	3/33	7	2 1:52:23	4:30	Hamilton	
8	278	Andrew Kennedy	2M<40	5/28	8	2 1:54:53	4:36	London	
9	199	Michael Kilemade	2M<40	6/28	9	2 1:54:53	4:36	Hamilton	
10	151	George Aitkin	2M50+	1/23	10	2 1:55:47	4:38	Cambridge	
11	274	Steve Jones	2M40-49	4/33	11	2 1:57:37	4:43	Toronto	
12	155	Doug Beck	2M<40	7/28	12	2 1:57:59	4:44	Dundas	
13	200	Doug Kloet	2M40-49	5/33	13	2 1:58:40	4:45	Ancaster	
14	273	Anton Plas	2M50+	2/23	14	2 2:00:20	4:49	Ancaster	
15	168	Dave Champion	2M40-49	6/33	15	2 2:00:55	4:51	Kitchener	
16	171	Andrea Cobham	2F<40	1/18	1	2 2:02:25	4:54	Toronto	
17	164	Remo Camillo	2M40-49	7/33	16	2 2:02:54	4:55	Ancaster	
18	286	Wayne Arnold	2M40-49	8/33	17	2 2:03:20	4:56	Burlington	
19	234	Liza Pye	2F<40	2/18	2	2 2:03:26	4:57	Mississauga	
20	244	Darrell Senyk	2M50+	3/23	18	2 2:03:46	4:58	Toronto	
21	194	Susan Hutchinson	2F<40	3/18	3	2 2:04:00	4:58	Ancaster	
22	232	Jim O'Meara	2M40-49	9/33	19	2 2:04:33	4:59	Burlington	
23	176	Gary Edwards	2M40-49	10/33	20	2 2:05:23	5:01	Brantford	
24	163	Jim Bucciachio	2M50+	4/23	21	2 2:08:13	5:08	Dundas	
25	226	Todd Mickolwin	2M<40	8/28	22	2 2:09:19	5:11	Richmond Hill	
26	187	Heather Hanik	2F<40	4/18	4	2 2:09:34	5:11	London	
27	209	Matt Ljungberg	2M<40	9/28	23	2 2:09:59	5:12	Burlington	
28	158	Adrien Boutin	2M<40	10/28	24	2 2:10:13	5:13	Toronto	
29	153	Trevor Arndt	2M<40	11/28	25	2 2:10:39	5:14	Brampton	
30	174	Alan Datema	2M<40	12/28	26	2 2:10:57	5:15	Dunnville	
31	258	Mark Walton	2M40-49	11/33	27	2 2:11:02	5:15	Ancaster	
32	173	Rich Darke	2M<40	13/28	28	2 2:11:32	5:16	Ancaster	
33	270	Michael Halbmeier	2M<40	14/28	29	2 2:11:40	5:16	Burlington	
34	240	John Rolfe	2M40-49	12/33	30	2 2:11:55	5:17	Waterford	
35	252	Marley Taylor	2F<40	5/18	5	2 2:12:46	5:19	Hamilton	
36	157	Michael Bolton	2M<40	15/28	31	2 2:13:35	5:21	Brantford	
37	223	Mike Medland	2M<40	16/28	32	2 2:14:04	5:22	North Vancouver	
38	235	David Rahn	2M40-49	13/33	33	2 2:16:05	5:27	Guelph	
39	156	Jennifer Beck	2F<40	6/18	6	2 2:16:06	5:27	Dundas	
40	166	Tom Carolan	2M40-49	14/33	34	2 2:16:25	5:28	Burlington	
41	272	Rob Marotto	2M40-49	15/33	35	2 2:17:19	5:30	Burlington	
42	254	Patrick Timmons	2M50+	5/23	36	2 2:18:15	5:32	London	
43	237	Bob Rath	2M<40	17/28	37	2 2:18:22	5:33	Waterdown	
44	248	Nathan Stewart	2M<40	18/28	38	2 2:18:22	5:33	Waterdown	
45	265	Steve Wolfe	2M<40	19/28	39	2 2:18:25	5:33	Hamilton	
46	249	Georgina Stones	2F<40	7/18	7	2 2:18:47	5:34	Guelph	
47	152	Joseph Allen	2M50+	6/23	40	2 2:19:16	5:35	Oakville	
48	256	George Van Arragon	2M40-49	16/33	41	2 2:19:39	5:36	Ancaster	
49	255	Rosie Trahey	2F<40	8/18	8	2 2:19:54	5:36	Wayney	
50	257	Lisa Van Arragon	2F40-49	1/19	9	2 2:20:36	5:38	Ancaster	
51	175	Kelly Derocher	2F<40	9/18	10	2 2:20:59	5:39	Freeland	
52	214	Tony Martin	2M40-49	17/33	42	2 2:22:07	5:42	Kitchener	
53	195	Brent Hysop	2M<40	20/28	43	2 2:22:48	5:43	Burlington	
54	268	Michael Rigato	2M50+	7/23	44	2 2:23:18	5:44	Brampton	
55	197	Elizabeth Jarvi	2F<40	10/18	11	2 2:23:23	5:45	Toronto	
56	182	Brian Goldthorp	2M40-49	18/33	45	2 2:24:06	5:46	Toronto	
57	269	Scott Deware	2M40-49	19/33	46	2 2:24:06	5:46	Toronto	

58	262	Tammy Whitehead	2F40-49	2/19	12	2 2:24:23	5:47	London
59	277	Ken Parsons	2M50+	8/23	47	2 2:25:01	5:49	Toronto
60	154	Nancy Barnes	2F40-49	3/19	13	2 2:25:21	5:49	Burlington
61	193	Jill Huntley	2F40-49	4/19	14	2 2:25:37	5:50	Rr# Lowbanks
62	190	Dennis Hertz	2M<40	21/28	48	2 2:25:41	5:50	Stoney Creek
63	281	Ralph Ferguson	2M50+	9/23	49	2 2:27:06	5:54	Ancaster
64	231	Kent Oda	2M50+	10/23	50	2 2:27:11	5:54	Etobicoke
65	177	Ador Estravillo	2M40-49	20/33	51	2 2:27:16	5:54	Dundas
66	242	Tom Schopf	2M40-49	21/33	52	2 2:28:29	5:57	Stoney Creek
67	289	Teria Morgan	2F40-49	5/19	15	2 2:29:16	5:59	London
68	185	Frendy Graham	2M40-49	22/33	53	2 2:29:32	5:59	Cambridge
69	260	Adam Weiss	2M<40	22/28	54	2 2:29:55	6:00	Dundas
70	172	Lisa D'Ariano	2F40-49	6/19	16	2 2:30:11	6:01	London
71	213	Brian Martell	2M40-49	23/33	55	2 2:30:18	6:01	London
72	188	John Hennessy	2M40-49	24/33	56	2 2:30:26	6:02	Peterborough
73	221	Shawn D McKinstry	2M40-49	25/33	57	2 2:30:30	6:02	Osgoode
74	208	Eric Lewis	2M<40	23/28	58	2 2:30:54	6:03	Oakville
75	205	Mia Laister Peck	2F40-49	7/19	17	2 2:30:59	6:03	Burlington
76	178	Jason Evangelinos	2M<40	24/28	59	2 2:31:04	6:03	Brampton
77	250	Jacqueline Tarnopolsky	2F40-49	8/19	18	2 2:31:16	6:04	Hamilton
78	179	Elizabeth Flenniken	2F40-49	9/19	19	2 2:31:25	6:04	Burlington
79	271	Rayond Chung	2M40-49	26/33	60	2 2:33:03	6:08	Scarborough
80	230	Reed Nelson	2M40-49	27/33	61	2 2:33:14	6:08	Toronto
81	284	Gloria Jakymiuk	2F<40	11/18	20	2 2:34:43	6:12	Stoney Creek
82	202	Katherine Kontio	2F<40	12/18	21	2 2:36:34	6:16	Richmond Hill
83	276	Bob McCluskey	2M50+	11/23	62	2 2:38:00	6:20	Oakville
84	219	Brian McCluskey	2M50+	12/23	63	2 2:38:00	6:20	Dundas
85	228	Neal Morris	2M<40	25/28	64	2 2:39:03	6:22	Waterloo
86	167	Helen Caron	2F<40	13/18	22	2 2:39:06	6:22	Dundas
87	169	Svend Christensen	2M50+	13/23	65	2 2:39:47	6:24	Paris
88	287	Sandi Stiel	2F40-49	10/19	23	2 2:40:12	6:25	Toronto
89	225	Lyalle Meldrum	2M50+	14/23	66	2 2:40:38	6:26	Kincardine
90	165	John M. Campbell	2M40-49	28/33	67	2 2:40:50	6:26	Dundas
91	207	Jody Levine	2F<40	14/18	24	2 2:41:17	6:28	Toronto
92	239	Andre Roberge	2M<40	26/28	68	2 2:41:37	6:28	Hamilton
93	285	Sarah Higenell	2F40-49	11/19	25	2 2:41:40	6:28	Hamilton
94	198	Carl Keevil	2M50+	15/23	69	2 2:41:41	6:29	London
95	267	Boris Spiwaki	2M40-49	29/33	70	2 2:42:20	6:30	Hamilton
96	189	Lionel Henry	2M50+	16/23	71	2 2:42:54	6:31	Stouffville
97	222	Michelle Medland	2F<40	15/18	26	2 2:42:55	6:31	North Vancouver
98	161	Sonya Brons	2F40-49	12/19	27	2 2:45:31	6:38	Hamilton
99	210	Deb Macpherson	2F40-49	13/19	28	2 2:46:32	6:40	Burlington
100	263	Brian Williams	2M<40	27/28	72	2 2:48:32	6:45	Guelph
101	217	Sandra McArthur	2F40-49	14/19	29	2 2:49:31	6:47	Toronto
102	246	Scott Smith	2M40-49	30/33	73	2 2:50:59	6:51	Guelph
103	196	Jennifer Ippolito	2F<40	16/18	30	2 2:51:48	6:53	Ancaster
104	181	Robert Gatfield	2M50+	17/23	74	2 2:52:52	6:55	Gormley
105	227	Sandra Mihalides	2F40-49	15/19	31	2 2:53:56	6:58	
106	247	Glen Stewart	2M40-49	31/33	75	2 2:53:57	6:58	Cambridge
107	266	Brian Wong	2M<40	28/28	76	2 2:55:38	7:02	Willowdale
108	206	Annette Levean	2F<40	17/18	32	2 2:56:46	7:05	Elmira
109	279	Karen Gooder	2F50+	1/9	33	2 2:56:58	7:05	London
110	275	Louise Moriarity	2F50+	2/9	34	2 2:56:58	7:05	London
111	259	Pauline Watson	2F50+	3/9	35	2 2:58:29	7:09	Oakville
112	186	Ann Gunther	2F50+	4/9	36	2 3:00:02	7:13	Richmond Hill
113	280	Larry Gooder	2M50+	18/23	77	2 3:00:17	7:13	London
114	201	Christiane Knobbe	2F<40	18/18	37	2 3:01:49	7:17	Toronto
115	224	Ginny Megin	2F50+	5/9	38	2 3:02:28	7:18	Burlington
116	236	Jim Ratcliffe	2M50+	19/23	78	2 3:04:21	7:23	Georgetown
117	160	Joanne Brohman	2F40-49	16/19	39	2 3:04:24	7:23	Caledonia
118	229	Karen Mulhinch	2F40-49	17/19	40	2 3:04:32	7:23	Troy
119	191	Barbara Hill	2F40-49	18/19	41	2 3:04:51	7:24	Caledonia
120	288	Martine Head	2F50+	6/9	42	2 3:06:15	7:27	Ancaster
121	170	Dennis Christopher	2M50+	20/23	79	2 3:08:41	7:33	Burlington
122	184	Wayne Graham	2M40-49	32/33	80	2 3:11:18	7:40	Ancaster
123	204	Jane Kurchak	2F50+	7/9	43	2 3:12:59	7:44	Welland
124	238	Beth Rennison	2F40-49	19/19	44	2 3:19:08	7:58	Hamilton
125	218	Alex McBride	2M50+	21/23	81	2 3:28:47	8:22	Burlington
126	241	Michael Samarelli	2M50+	22/23	82	2 3:29:37	8:24	Pickering
127	162	Peggy Brown	2F50+	8/9	45	2 3:41:18	8:52	Dundas

128	283	Michael Kemeny	2M50+	23/23	83	2	3:48:40	9:09	Ancaster
129	261	Margaret Westlake	2F50+	9/9	46	2	4:45:12	11:25	Louisville
dnf	282	Steve Welton	2M40-49	33/33	84				Hamilton

10 Km

Place	Bib	Name	Class	Place /finishers	Gender	Place	Laps & Time	Comp.	Pace /Km	City
1	450	Jakob Van Dorp	1M20-29	1/6	1	1	38:49	3:53		Wiaraton
2	467	Alan Mawhinny	1M40-49	1/17	2	1	39:59	4:00		Burlington
3	390	John Hinnen	1M40-49	2/17	3	1	41:08	4:07		Oakville
4	402	Brian Kearney	1M40-49	3/17	4	1	41:41	4:11		Naperville
5	472	Alex Pablo	1M30-39	1/10	5	1	42:32	4:16		Toronto
6	460	John Roper	1M40-49	4/17	6	1	43:23	4:21		West Falls
7	387	Gary Hastings	1M50-59	1/16	7	1	44:05	4:25		Burlington
8	468	Andrew Ponsen	1M40-49	5/17	8	1	44:18	4:26		Burlington
9	475	Steve Bonitatibus	1M30-39	2/10	9	1	45:07	4:31		Ajax
10	469	David Schottlander	1M40-49	6/17	10	1	45:08	4:31		Burlington
11	449	Brian Templeton	1M40-49	7/17	11	1	46:04	4:37		Renton
12	458	Colleen Wilson	1F<20	1/2	1	1	46:12	4:38		Ancaster
13	477	Rita Farias	1F40-49	1/22	2	1	46:38	4:40		Dundas
14	392	Brad Hoy	1M<20	1/3	12	1	46:58	4:42		Campbellville
15	471	Tim Hewitt	1M50-59	2/16	13	1	47:02	4:43		Stoney Creek
16	423	Tim O'Neail	1M40-49	8/17	14	1	47:04	4:43		Simcoe
17	355	Paul Beattie	1M40-49	9/17	15	1	47:12	4:44		Hamilton
18	365	Don Cameron	1M30-39	3/10	16	1	47:32	4:46		Hamilton
19	451	Adrienne Visocchi	1F20-29	1/9	3	1	47:42	4:47		Burlington
20	352	Matthew Arnott	1M30-39	4/10	17	1	48:16	4:50		St. George
21	438	John Shimmell	1M50-59	3/16	18	1	49:38	4:58		Ancaster
22	418	George McMenemy	1M50-59	4/16	19	1	49:46	4:59		Burlington
23	374	Dominik Dobransky	1M<20	2/3	20	1	49:47	4:59		London
24	384	Helen Hadcock	1F40-49	2/22	4	1	50:01	5:01		Burlington
25	473	Dan Snider	1M50-59	5/16	21	1	50:22	5:03		Burlington
26	385	Vicki Hamilton	1F30-39	1/16	5	1	50:38	5:04		St. George
27	439	Linda Shin	1F20-29	2/9	6	1	50:43	5:05		Toronto
28	432	Richard Powell	1M30-39	5/10	22	1	50:52	5:06		Paris
29	474	Tom Pirocchi	1M50-59	6/16	23	1	51:14	5:08		Hamilton
30	435	Ashley Sametz	1F20-29	3/9	7	1	51:30	5:09		Scarborough
31	357	Dawn Berkelaar	1F30-39	2/16	8	1	51:40	5:10		Hamilton
32	370	Kelsey Crawford	1F30-39	3/16	9	1	51:52	5:12		Hamilton
33	410	Eric Magni	1M60+	1/5	24	1	52:18	5:14		London Ontario
34	419	Michael Mozarowski	1M20-29	2/6	25	1	52:28	5:15		Toronto
35	373	Tiffany Dejak	1F20-29	4/9	10	1	52:29	5:15		Uxbridge
36	470	Marilyn Koval	1F40-49	3/22	11	1	52:35	5:16		Siovx Vookont
37	367	David Carley	1M40-49	10/17	26	1	52:40	5:16		Burlington
38	459	Renee Zareski	1F40-49	4/22	12	1	54:28	5:27		Brantford
39	382	Ceri Gibbs	1F40-49	5/22	13	1	54:28	5:27		Lynden
40	446	Suzanne Sutcliffe	1F40-49	6/22	14	1	54:48	5:29		Etobicoke
41	405	Michael Kowalski	1M40-49	11/17	27	1	54:59	5:30		Dundas
42	415	Greg McCabe	1M50-59	7/16	28	1	55:14	5:32		London
43	389	Lisa Hilchey	1F30-39	4/16	15	1	55:27	5:33		Guelph
44	404	Lauren Kowalski	1F30-39	5/16	16	1	55:30	5:33		Dundas
45	398	Nancy Johnston	1F50-59	1/9	17	1	55:41	5:35		London
46	413	Peter Mattei	1M30-39	6/10	29	1	55:44	5:35		Hamilton
47	421	Pauline O'Connor-O'mea	1F40-49	7/22	18	1	55:52	5:36		Burlington
48	379	Tracey Fisher	1M30-39	7/10	30	1	56:12	5:38		Stoney Creek
49	433	Dana Rivard	1F40-49	8/22	19	1	56:26	5:39		Oakville
50	396	Chaz Johnson	1F40-49	9/22	20	1	56:26	5:39		Oakville
51	437	Leslie Scime	1F40-49	10/22	21	1	56:31	5:40		Ancaster
52	422	Lawrie Oliphant	1M50-59	8/16	31	1	56:31	5:40		Sudbury
53	448	Rob Sybersma	1M40-49	12/17	32	1	56:44	5:41		Burlington
54	429	Sharon Pirie	1F50-59	2/9	22	1	56:47	5:41		Burlington
55	453	Liz Way	1F20-29	5/9	23	1	56:48	5:41		Dundas
56	369	Colleen Clairmont	1F50-59	3/9	24	1	56:49	5:41		Burlington
57	445	Claire Sumner	1F<20	2/2	25	1	57:07	5:43		Ancaster
58	457	Kate Wiley	1F40-49	11/22	26	1	57:08	5:43		Ancaster
59	414	Jamie Lynn Mattina	1F20-29	6/9	27	1	57:09	5:43		Toronto
60	440	Jeff Shnall	1M40-49	13/17	33	1	57:34	5:46		Thornhill
61	420	Derek Myke	1M20-29	3/6	34	1	57:46	5:47		Ancaster

62	362	Glenna Cairnie	1F40-49	12/22	28	1	58:11	5:50	Grimsby
63	375	Simona Dobransky	1F40-49	13/22	29	1	58:13	5:50	London
64	360	Nelson Buffett	1M60+	2/5	35	1	58:35	5:52	Hamilton
65	406	Larry Lichty	1M50-59	9/16	36	1	58:35	5:52	Acton
66	427	Bryan Payne	1M40-49	14/17	37	1	58:59	5:54	Burlington
67	447	Patrick Sweeney	1M20-29	4/6	38	1	59:00	5:54	Milton
68	456	Mathieu Whelan	1M20-29	5/6	39	1	59:01	5:55	Ancaster
69	436	Diana Schopf	1F40-49	14/22	30	1	59:10	5:55	Stoney Creek
70	403	Donna Kearney	1F40-49	15/22	31	1	59:39	5:58	Naperville
71	476	Melissa Manuni	1F30-39	6/16	32	1	59:47	5:59	Oakville
72	388	Gillian Hewitt	1F50-59	4/9	33	1	1:00:18	6:02	Stoney Creek
73	452	John Wall	1M40-49	15/17	40	1	1:00:42	6:05	Oakville
74	416	Molly McKennedy	1F30-39	7/16	34	1	1:00:42	6:05	Oakville
75	359	Bronwen Buck	1F30-39	8/16	35	1	1:00:52	6:06	Guelph
76	465	Bill Nightingale	1M50-59	10/16	41	1	1:01:28	6:09	London
77	424	Vivi Pareskevi	1F40-49	16/22	36	1	1:01:30	6:09	Stoney Creek
78	441	Lori Shortill	1F30-39	9/16	37	1	1:01:33	6:10	Caledonia
79	394	Ryan Hryczynski	1M20-29	6/6	42	1	1:01:36	6:10	Ancaster
80	444	Nancy Stevens	1F40-49	17/22	38	1	1:01:53	6:12	Harrow
81	401	Barbara Anne Kato	1F30-39	10/16	39	1	1:02:23	6:15	Toronto
82	354	Stacy Beach	1F30-39	11/16	40	1	1:02:23	6:15	Toronto
83	378	David Fisher	1M30-39	8/10	43	1	1:02:48	6:17	Stoney Creek
84	356	Douglas Begbie	1M30-39	9/10	44	1	1:02:49	6:17	Burlington
85	461	Mike Sibbit	1M50-59	11/16	45	1	1:02:55	6:18	Burlington
86	380	Michael Flenniken	1M50-59	12/16	46	1	1:02:58	6:18	Burlington
87	455	Bill Whalen	1M50-59	13/16	47	1	1:03:01	6:19	Burlington
88	466	Helen Levin	1F20-29	7/9	41	1	1:03:04	6:19	London
89	434	Sue Roger	1F40-49	18/22	42	1	1:03:47	6:23	Burlington
90	386	Sally Hare	1F40-49	19/22	43	1	1:03:48	6:23	Burlington
91	397	Ian Johnston	1M50-59	14/16	48	1	1:03:49	6:23	London
92	400	Jeffrey Karp	1M50-59	15/16	49	1	1:04:04	6:25	London
93	442	Joanna Speller	1F50-59	5/9	44	1	1:04:31	6:28	Hamilton
94	407	Deborah Lillis	1F30-39	12/16	45	1	1:05:55	6:36	Caledonia
95	464	Tony Craske	1M40-49	16/17	50	1	1:06:10	6:37	Toronto
96	399	Garry Kapitan	1M60+	3/5	51	1	1:06:22	6:39	Etobicoke
97	368	Lesley Cheferro	1F40-49	20/22	46	1	1:06:38	6:40	Stouffville
98	358	John Brown	1M60+	4/5	52	1	1:06:40	6:40	Arva
99	417	Anne McLean	1F50-59	6/9	47	1	1:07:22	6:45	Newmarket
100	364	Vinzi Calder	1F40-49	21/22	48	1	1:09:05	6:55	Hamilton
101	363	Keith Calder	1M40-49	17/17	53	1	1:09:07	6:55	Hamilton
102	393	John Hryczynski	1M50-59	16/16	54	1	1:12:54	7:18	Hamilton
103	428	Sharon Payton	1F50-59	7/9	49	1	1:14:15	7:26	Mount Hope
104	381	Anna Gaszynski	1F30-39	13/16	50	1	1:15:47	7:35	Toronto
105	353	Lana Bartkiewicz	1F50-59	8/9	51	1	1:17:16	7:44	Dundas
106	462	Aleon Kilislian	1F20-29	8/9	52	1	1:18:05	7:49	Willowdale
107	409	Beverly Macculloch	1F40-49	22/22	53	1	1:18:52	7:54	Burlington
108	443	Daryl Stansfield	1M30-39	10/10	55	1	1:22:03	8:13	Toronto
109	371	Sabrina Dabovic	1F30-39	14/16	54	1	1:22:03	8:13	Toronto
110	463	Salpy Ghazarossian	1F20-29	9/9	55	1	1:24:40	8:28	Toronto
111	408	Allan Lindsay	1M60+	5/5	56	1	1:24:52	8:30	Burlington
112	395	Joyce Jamieson	1F50-59	9/9	56	1	1:27:21	8:45	Kitchener
113	411	Roberta Manley	1F30-39	15/16	57	1	1:31:23	9:09	Kitchener
114	426	Jennifer Passy	1F30-39	16/16	58	1	1:31:33	9:10	Kitchener
115	431	Spencer Polap	1M<20	3/3	57	1	1:42:42	10:17	Hamilton
116	430	Adolf Polap			58	1	1:43:09	10:19	Copetown

for individual lap times see source:

<http://www.burlingtonrunners.com/sulphursprings/>