



Sulphur Springs Trail Runs

Ancaster, Ontario

May 29, 2004

[Race Report](#) by Jeff Simpkins

100 miles

Place	Bib				
1	12	Jeff Simpkins	M<50	19:10:00	Keswick
2	14	Monica Scholz	F<50	19:40:00	Jerseyville
3	18	Jim Morrison	M<50	22:17:00	Thornhill
4	21	John Turner	M<50	22:45:00	Burlington
5	15	Jim Newin	M50+	24:37:00	Chambly
6	1	Luke Hohenadel	M<50	25:54:00	Guelph
7	28	Bryan Mason	M50+	26:29:00	Toronto
8	19	Ronald Gehl	M50+	26:57:00	Kitchener
9	23	Laurie Mcgrath	F<50	26:57:00	Kitchener
10	27	Rolly Portelance	M50+	27:02:00	Chelmsford
11	5	Moe White	M50+	27:11:00	Burlington
12	9	Peter Suomela	M50+	28:04:00	Nepean
13	22	Jeff Sine	M<50	28:48:00	Erin
14	3	Leon Draxler	M50+	29:24:00	Sumner WA
15	13	Don Fallis	M50+	29:24:00	Kaneohe HI
16	11	Jim Ballard	M50+	29:56:00	Klamath Falls OR
17	17	Cathie Price	F<50	29:56:00	Scarborough
18	8	Helen Malmberg	F50+	dnf	Toronto
19	2	Jeff Simpson	M<50	dnf	Hamilton
20	4	Kathie Lang	F50+	dnf	Klamath Falls OR
21	16	Bob Price	M<50	dnf	Scarborough
22	20	Jeff Ainscough	M<50	dnf	Innisfil
23	26	Fred Davis III	M50+	dnf	Cleveland Hts OH
24	10	Paul Schmidt	M50+	dnf	El Cajon CA
25	24	Pamela Scowcroft	F<50	dnf	Puslinch
26	7	David Hughes	M50+	dnf	Kokomo IL
27	6	Tony Martin	M<50	dnf	Kitchener
28	25	Paul De Biasi	M50+	dnf	Washago

50 miles

1	32	Scott Myers	M<50	7:41:01	Burlington
2	42	Meredith Kenne	F<50	8:43:32	Hamilton
3	45	Jenn Dick	F<50	9:01:34	Waterloo
4	46	Jason Bour	M<50	9:46:37	Cleveland OH
5	34	Clayton Smith	M<50	10:02:00	Burlington
6	35	Linda Ng	F<50	10:13:02	London
7	31	Stephanie Macdonald	F<50	10:21:00	Toronto
8	43	Ian Hobler	M<50	10:52:00	Ottawa
9	36	John Rennison	M<50	10:53:03	Hamilton
10	37	Jim Glen	M<50	11:35:05	Hamilton
11	33	David Mcallister	M<50	11:47:05	Brantford
12	47	Arthur Moore	M50+	12:00:04	Strongsville OH
13	39	Jeffrey Ruiz	M<50	13:27:00	Goodells MI
14	40	Andrew Bushard	M<50	13:40:00	Mankato MN
15	44	Paul Galloway	M<50	dnf	Hamilton
16	41	John Remington	M<50	dnf	Richmond Hill

50km

1	91	Robin Hutchinson	M<50	3:54:24	Ancaster
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2	81	Scott Turner	M<50	4:06:16	London
3	98	Geoff Linton	M<50	4:15:30	Guelph
4	75	David Mcconkey	M<50	4:36:56	Peterborough
5	108	Laura Mcintyre	F<50	4:45:18	Toronto
6	80	Doug Barber	M50+	4:49:37	Owen Sound
7	72	Henri Ragetlie	M<50	4:52:17	St. Catharines
8	66	Jeff Cooper	M<50	4:57:13	Toronto
9	64	Paul Hennick	M50+	4:57:14	Toronto
10	65	Brad Mailloux	M<50	4:59:42	Georgetown
11	104	Julie Stonehouse	F<50	5:07:21	Mississauga
12	82	Teresa Bendo	F<50	5:09:43	Barrie
13	83	Bruce Smith	M<50	5:10:15	Burlington
14	74	John Connor	M50+	5:15:40	Burlington
15	60	Andrew McLaren	M<50	5:18:31	London
16	89	Rick Mcdowell	M50+	5:20:34	Ajax
17	99	Nadeem Khan	M<50	5:21:43	Toronto
18	85	Roger Parsons	M50+	5:24:48	St. Jacobs
19	67	Normand Gratton	M<50	5:33:35	St. Catharines
20	73	Margaret Li	F<50	5:34:08	London
21	76	Tony Brathwaite	M50+	5:40:30	Peterborough
22	84	Rick Buckland	M<50	5:47:55	Chatham
23	96	Ian Hill	M50+	5:49:03	Osgoode
24	77	Hans Maier	M50+	5:51:21	Markham
25	101	Neil Phillips	M<50	5:54:01	Barrie
26	78	David Pyle	M<50	5:54:12	Burlington
27	92	Etienne Phaneuf	M<50	5:54:23	Toronto
28	97	Terry Barker	M50+	5:57:57	Waterdown
29	69	Pete Halford	M<50	6:03:15	Windsor
30	106	Ed Wilson	M50+	6:04:11	Kitchener
31	105	Warren Green	M<50	6:04:54	Peterborough
32	88	Tammy Sieminowski	F<50	6:05:18	Toronto
33	62	Victoria Baylis	F<50	6:10:04	Burlington
34	61	Judy Brechin	F<50	6:10:05	Burlington
35	102	Linda Delany	F<50	6:30:53	Toronto
36	63	Howard Parker	M50+	6:31:11	Scarborough
37	79	Christine Lundvall	F<50	6:31:17	Toronto
38	90	Patricia Clune	F<50	6:31:17	Toronto
39	107	Judy Wilson	F<50	6:38:40	Kitchener
40	95	Randy Hargest	M<50	6:39:01	London
41	94	Jenniferanne Meneray	F<50	6:39:02	London
42	71	Sue Kovacs	F<50	7:07:27	Hamilton
43	70	Denise Kelly	F<50	7:07:27	Mount Hope
44	50	Jackie Terry	F50+	7:43:54	Burlington
45	103	Manpanet Lagden	F50+	7:43:55	Burlington
46	86	Patti Hahn	F<50	7:54:16	Fairport NY
47	93	Bob Brake	M50+	7:59:41	Toronto
48	100	Dave Kanners	M50+	dnf	Rochester MI
49	68	Leslie Szilagyi	M50+	dnf	Bolton

25km

1	139	Mark Tarnopolsky	M40-49	1:42:56	Hamilton
2	237	Allan Magi	M40-49	1:44:55	Dundas
3	245	Steve Mckinnon	M40-49	1:47:22	Oakville
4	234	Bob Julian	M40-49	1:47:24	Burlington
5	154	Christopher Young	M30-39	1:47:42	Toronto
6	230	Patrick Campbell	M40-49	1:50:36	Kitchener
7	160	Roger Marques	M40-49	1:51:14	Hamilton
8	169	Mark Tamminga	M40-49	1:52:26	Ancaster
9	220	Jason Mcgrath	M30-39	1:53:01	Buffalo
10	228	Paul Cybulski	M20-29	1:53:48	Bolton

11	195	Alex Mcmillin	M40-49	1:57:03	Oakville
12	238	Georges Beland	M20-29	1:57:32	Mississauga
13	152	Dan Mckerrall	M20-29	2:01:25	Brantford
14	126	Dave Barr	M40-49	2:03:00	Guelph
15	254	Tony Power	M40-49	2:03:55	St. Catharines
16	144	Tim Michael	M50-59	2:04:20	Burlington
17	185	Cliff Renfrew	M40-49	2:04:57	Owen Sound
18	243	Chris Doran	M30-39	2:05:26	Georgetown
19	132	George Sarson	M50-59	2:06:19	Waterloo
20	246	Brad Corlett	M40-49	2:06:26	Oakville
21	244	Todd Milligan	M40-49	2:06:51	Oakville
22	174	Stephanie Fedak-Tarnopolsky	F20-29	2:07:00	Hamilton
23	213	Scott Simpson	M30-39	2:08:13	
24	121	Rich Darke	M30-39	2:08:17	Ancaster
25	242	Steve Quinn	M40-49	2:08:59	Caledonia
26	256	Mike Murphy	M40-49	2:09:17	Kingston
27	229	Rob Mcguiness	M30-39	2:09:23	Oakville
28	196	Brian Goldthorp	M40-49	2:09:40	Toronto
29	250	Grant Poremba	M30-39	2:10:12	Barrie
30	221	Mike Vandembosch	M30-39	2:11:57	Milton
31	249	Robyn Tindale	F20-29	2:12:01	Guelph
32	168	Karla Mika	F20-29	2:12:59	Collingwood
33	131	Chris James	M30-39	2:13:15	Sarnia
34	172	Remo Camillo	M40-49	2:14:05	Ancaster
35	183	Tim O'hagan	M50-59	2:14:42	Essex
36	166	Svend Christensen	M50-59	2:16:28	Brantford
37	122	Matthew Ljungberg	M30-39	2:19:10	Burlington
38	208	Lester Fearman	M50-59	2:19:20	Toronto
39	161	Ana Dennier	F30-39	2:19:21	Toronto
40	162	David Dennier	M30-39	2:19:21	Toronto
41	235	Bruce Pellow	M50-59	2:19:27	London
42	164	Tammy Whitehead	F40-49	2:19:37	London
43	227	Wouter Vanessen	M50-59	2:20:33	Mississauga
44	157	Baris Simav	M30-39	2:20:50	Toronto
45	128	Natasha Pace	F30-39	2:21:16	Dundas
46	259	Gay Grandy	F40-49	2:21:22	Oakville
47	120	Scott McBride	M30-39	2:21:26	Burlington
48	232	Erin Buie	F<20	2:22:19	Duntroon
49	142	Mikael Dalimonte	M30-39	2:22:27	Leamington
50	248	Jennifer Young	F30-39	2:23:20	Toronto
51	153	Cindy Anne Johnston	F40-49	2:23:30	Milton
52	255	Denny Radlein	M50-59	2:24:20	London
53	175	Gary Cambridge	M40-49	2:24:35	Ilderton
54	170	Joany Verschuuren	F40-49	2:24:54	Ancaster
55	184	Tomas Dobransky	M40-49	2:24:55	London
56	149	Wanda Ferguson	F40-49	2:25:04	Ottawa
57	212	Keith Spengler	M40-49	2:26:26	Smith, Bermuda
58	158	Ador Estravillo	M30-39	2:26:39	Dundas
59	173	Greg Scott	M30-39	2:26:43	Oakville
60	123	Brian Peck	M40-49	2:26:52	Flatts
61	156	Carla Arnold	F30-39	2:27:04	Oakville
62	207	Patty Pino	F30-39	2:27:04	Oakville
63	199	Meghan Shields	F20-29	2:27:08	Hamilton
64	258	Karen Rothfels	F30-39	2:27:26	Toronto
65	257	Rebecca Orr	F30-39	2:27:26	Toronto
66	143	Scott Lytle	M30-39	2:27:31	Oakville
67	210	Astrid Varga	F50-59	2:27:38	Kitchener
68	145	Jonathan Korodetz	M40-49	2:27:45	Thornhill
69	192	Stuart Ducoffe	M<20	2:27:45	

70	191	Jason Cagampan	M20-29	2:28:16	Hamilton
71	186	Ann Fleming	F40-49	2:31:37	Owen Sound
72	171	Tammera Kostya	F20-29	2:32:33	Stirling
73	167	Lisa Simpson	F30-39	2:33:04	Paris
74	209	Ewan Hill	M<20	2:34:18	Osgoode
75	204	Robert Schwarz	M40-49	2:34:37	Bradford
76	231	Elizabeth Flenniken	F40-49	2:34:43	Burlington
77	214	Mark Sander	M40-49	2:35:40	
78	240	Judy Eaton	F30-39	2:35:47	Burlington
79	239	Randy Hancock	M50-59	2:36:44	North Bay
80	233	Larry Sinclair	M40-49	2:36:48	Duntroon
81	205	Branko Vrzic	M30-39	2:36:50	Oakville
82	159	Helene Caron	F30-39	2:38:26	Dundas
83	176	Krista Beisel	F30-39	2:38:27	Brantford
84	134	Laury Hickling	F30-39	2:39:29	Uxbridge
85	136	Michelle Bagshaw	F30-39	2:39:29	Uxbridge
86	148	Niki Muller	F40-49	2:40:45	Toronto
87	194	Gavin Simpson	M50-59	2:43:36	Ajax
88	247	Pam Blair	F40-49	2:44:54	Burlington
89	140	Sonya Brons	F40-49	2:45:13	Hamilton
90	202	Kim Sutherland	F40-49	2:45:14	Bancroft
91	236	Christopher Tarrant	M40-49	2:46:06	Barrie
92	188	Sandra Smith	F40-49	2:46:28	Burlington
93	146	Loren Knopper	M30-39	2:48:18	Ottawa
94	147	Megan Harper	F30-39	2:48:18	Ottawa
95	215	Heather Larson	F20-29	2:48:19	
96	226	Marie Dunn	F40-49	2:48:25	Toronto
97	218	Laurie Moore	F30-39	2:48:46	
98	216	Lisa Wright	F30-39	2:48:47	
99	201	Rod Runacres	M60+	2:50:55	Burlington
100	190	Barb Hill	F40-49	2:50:55	Caledonia
101	165	Doug Sinclair	M50-59	2:50:57	Paris
102	211	Robyn Guest	F20-29	2:50:58	Burford
103	187	Gary Johnson	M50-59	2:51:48	Oakville
104	241	Nicol Decourcy-Donovan	F30-39	2:53:10	
105	127	Gerry Gabon	M40-49	2:54:13	Burlington
106	193	Jennifer Johnston	F30-39	2:54:45	Hamilton
107	203	Andrew Palmer	M40-49	2:55:45	Hamilton
108	150	Ashleigh Snow	F20-29	2:57:05	Milton
109	151	Calvin Snow	M40-49	2:57:06	Milton
110	261	Karen Gooder	F40-49	2:57:40	London
111	260	Larry Gooder	M50-59	2:57:46	London
112	253	Rachel Bayley	F40-49	2:57:53	St. Catharines
113	206	Trail Ape	M50-59	2:57:53	St. Catharines
114	125	Michael Samarelli	M40-49	2:58:02	Pickering
115	130	Lindsay Price	F30-39	2:59:06	Toronto
116	129	Craig Mason	M30-39	3:03:23	Toronto
117	200	Gailanne Joachim	F20-29	3:04:15	Mississauga
118	182	Victoria Keegan	F20-29	3:04:29	Dundas
119	181	Femie Keegan	F40-49	3:04:30	Dundas
120	141	Joanne Brohman	F40-49	3:04:30	Caledonia
121	178	Maria Henderson	F30-39	3:04:30	Caledonia
122	179	Geoff Sutherland	M50-59	3:05:15	London
123	251	Sue Quinn	F40-49	3:05:33	Caledonia
124	217	Gary Wright	M40-49	3:05:35	
125	180	Leslie Nigh	F30-39	3:08:12	Richmond Hill
126	219	Fawn Hughson	F20-29	3:10:57	
127	225	Lynda Hurley	F50-59	3:11:11	Toronto
128	223	Gerry Sheerin	M50-59	3:11:48	Scarborough

129	224	Birgit Traenkman	F60+	3:12:10	Toronto
130	155	Nanci Virginillo	F50-59	3:16:44	Rockton
131	222	Michael Kemeny	M50-59	3:17:53	Ancaster
132	197	Matt Tatham	M40-49	dnf	Toronto
133	252	Andre Ammersbach	M40-49	dnf	Burlington
134	138	Lee Ann Shearing	F40-49	dnf	Ancaster

results: from [Burlington Runners Club](#) website
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