



The 14<sup>th</sup> Annual  
Self Transcendence  
6 Hour Run  
Kingston, Ontario, Canada  
June 10, 2006

(distance in km)

				6hr, 6min	Male	Female	Verified
		Age	Prov	Distance	Posn	Posn	full-laps
							6-hour
							distance
1	McLean	Andrew		78.012	1		78
2	Orr	Jim		74.059	2		73
3	Khan	Nadeem		72.296	3		71
4	Barteaux	Bruce		71.532	4		70
5	McGrath	Laurie	F	70.082		1	69
6	Morrison	Jim		68.526	5		67
7	McMillan	Karin	F	67.982		2	65
8	Upshall	Charlie		65.851	6		65
9	Hill	Ian		65.070	7		64
10	Heij	Andrew		65.017	8		64
11	Laflamme	Christina	F	65.000		3	64
12	Gehl	Ronald		64.842	9		63
13	Ritcher	Mario		63.060	10		63
14	Kingsford	Colin	QC	63.000	11		62
15	Landry	Donald	QC	62.108	12		61
16	Newin	Jim		62.082	13		61
17	Leblanc	Armand		62.062	14		62
18	Lutley	Cameron		62.000	15		62
19	Armstrong	Sue	F	61.903		4	61
20	Charlesbois	Marc	QC	61.116	16		60
21	Jones	Bryce	VT	61.000	17		61
22	Stiel	Sandi	F	60.959		5	60
23	Collins	David		60.106	18		59
24	Maier	Hans		59.412	19		58
25	April	Andre	QC	59.374	20		58
26	McDowell	Rick		59.110	21		58
27	Bernier	Sylvain	QC	59.061	22		59
28	McLaren	A.Duff		58.044	23		58
29	Gouin	Michel	QC	57.063	24		56
30	Gagne	Lise	F	57.061		6	56
31	Laforty	Cynthia	F	56.108		7	55
32	Hawley	Angie	F	56.027		8	55
33	England	Gord		55.042	25		54
34	Hurdman	Elizabeth	F	55.013		9	54
35	Laforty-Cirne	Stanley		54.023	26		53
36	Pecknold	Maureen	F	53.782		10	53
37	Bohuslawsky	Greg		52.130	27		51
38	Paquette	Mitzi	F	52.000		11	52
39	Magee	Brian		51.881	28		51
40	Runge	Aimee	F	51.716		12	51
41	Vavasour	Cyn	F	50.052		13	49
42	Lacasse	Marius	QC	50.000	29		50
43	Urbanski	Richard		50.000	30		50
44	Landry	Marion	F	48.666		14	47
45	Cleary	Joe		48.052	31		47
46	Francis	Ron		48.000	32		48
47	Adam	Marjorie	F	47.068		15	46
48	Cowie	Alex		47.000	33		47

49	Shea	Gerry	35		46.072	34		45
50	Lance	Fraser	16		46.042	35		45
51	Stiel	Mitchell	14		46.000	36		46
52	Pelka	Tiffany	41	F	44.000		16	44
53	Joachim	Gailanne	30	F	43.058		17	42
54	Aronoff	Elliott	51		43.000	37		43
55	Remington	John	41		43.000	38		43
56	Gill	Mohinder	41		43.000	39		43
57	Lance	Bob	49		41.150	40		40
58	Nigh	Leslie	41	F	40.000		18	40
59	Lance	Heather	49	F	33.000		19	33
60	Lance	Courtney	20	F	32.151		20	32
61	Nigh	Justin	19		31.000	41		31
62	Maier	Joshua	12		30.062	42		30
63	Maier	Blake	10		29.063	43		29
64	Lance	Danica	12	F	22.000		21	22
65	Parker	Howard	56		15.000	44		15
66	Harrison	Kim	42	F	11.000		22	11

### Message from Hladini Wilson, RD

I am so sorry about the six-minute discrepancy in the finish time of our race--all the result (by some horrible fluke) of clocking the start time from a watch that had not been synchronized with the rest. It was exactly six minutes ahead of all the watches and clocks we were using. Anyway, we have looked at the figures on the lap sheets every which way and can

only offer accuracy for two things: the distance travelled in 6 hours and 6 minutes, and the full laps covered in six hours (9:05:24 to 15:05:24).

You will notice that the standings according to the 6hr6min distance are not the same as the actual six hour standings, as some people spurred ahead and passed others in the final fatal six minutes. In addition, some people were just a hair short of completing a particular lap at the six-hour point (15:05:24), but continued on to complete the lap within that errant six minutes.

I am so terribly sorry for any distress or disappointment that this has caused.

My sincere regrets to everyone. I am so grateful for their patience and understanding for this confusing ending to a day of incredible heroic effort.

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the OUSer