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## Sri Chinmoy Six Hour Race

**Kingston, Ontario (UW)** - Paramita Jarvis and Hladini Wilson brought this now classic event back to the 400 meter facility at Kingston's Holy Cross High School after a two year absence. In marked contrast to last year's event held at the Royal Military College during an incessant cold downpour, which turned the track into a soup of slick clay and cinders, you couldn't have asked for more perfect weather: overcast skies which prevented the asphalt from heating up and temperatures in the mid+20's tempered by a refreshing 20km breeze.

The outstanding performance of the day was produced by rising star Deanna Lindsay, who really gave the men a run for it and I believe actually led the field later in the race, and was only a little over a mile short of the Canadian Open Women's record set by Ashley Evans, a fact that I am sure will not be overlooked by the selection committee for the Canadian 100 km team being assembled for the World 100 km Challenge in Holland this fall.

While the fellowship and camaraderie as usual were at their peak and the cuisine and trackside service were once again outstanding, still there was the occasional complaint about having to run around in circles without relief. However, no one would deny that it is really a good test to be able to persevere when you are never more than 300 meters from the showers and your car.

### Sri Chinmoy International Six Hour Run

Kingston, Ontario - 7 June 1997 (5th edition)

Pos.	Name	Age	Sex	Town / Country	Kilometers
1.	Ron Gehl	49		Kitchener	72.966
2.	Dave McConkey	42		Peterborough	71.483
3.	Doug Barber	51		Owen Sound	71.371
4.	Deanna Lindsay	37	F	North York	70.875
5.	Les Michalak	46		Burlington	70.869
6.	Scott Turner	36		London	67.840
7.	Tony Martin	33		Kitchener	67.489
8.	John Lehman	58		Toronto	67.2
9.	Jim McLean	53		Bobcaygeon	65.448
10.	Scott Walsh	19		Kitchener	64.887
11.	Charlie Upshall	52		Schomberg	63.465
12.	Ryne Melcher	18		Waterloo	61.671
13.	Peter Suomela	48		Nepean	60.308
14.	Hans Meier	58		Markham	59.081
15.	Paul Rayond	42		Orillia	56.614
16.	John Cookson	50		Kitchener	56.411
17.	Aimee Runge	30	F	Toronto	56.178
18.	Joe Cleary	57		Georgetown	55.480
19.	Tom Restoule	47		Embrun	54.557
20.	Paul Smith	52		Brossard QUE	53.789
21.	Sherry McLean	48	F	Don Mills	53.477
22.	Gord Harthun	42		Hamilton	51.981
23.	Rand Freeman	32		Hamilton	51.938
24.	Alfred Koehn	56		Oakville	51.6
25.	Howard Parker	47		Scarborough	50.606

26.	Grant Campbell	38		Fergus	50.540
27.	Colin Kingsford	54		Ile Bizard QUE	50.0
28.	Michael Gehl	19		Kitchener	49.669
29.	Vasili Moshanu	41		Ottawa	48.712
30.	Odino Soligo	76		Thornhill	48.411
31.	Jim Glen	29		Hamilton	46.799
32.	Kim Campbell	40	F	Fergus	46.395
33.	Helen Malmberg	51	F	Toronto	46.346
34.	Ron Turner	63		St.Catharines	44.648
35.	Esmond Mah	47		Toronto	44.4
36.	Jess Heroux	51		Burlington	44.214
37.	Neree St.Amand	52		Gatineau QUE	44.122
38.	Chitrini Dadson	34		Ottawa	44.0
39.	Matthew Tisdall	26		Seaview Downs AUSTR	43.722
40.	Elliot Aronoff	40		Toronto	42.4
41.	Ed Alexander	52		Hamilton	40.0
42.	Virginia Lavin-Moss	55	F	Kingston	39.743
43.	Pete Coffin	51		Salt Lake USA	39.367
44.	Anna Shamnette	48	F	Ottawa	38.381
45.	Frances Cutler	55	F	Ottawa	33.3

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