



**THE 22ND ANNUAL
INTERNATIONAL 24 HOUR
SELF-TRANSCENDENCE RACE**

Ottawa, Canada

13-14 September 2003 (Certified 400-metre track)

Canadian Masters 24-hour championships

Place	Name	Age			kms	
1	David Deubelbeiss	40		Toronto	185.200	
2	Cynthia Black	19	F	Petersburg	167.195	
3	Joe Hewitt	49		Burlington	164.000	
4	Rolly Portelance	60		Chelmsford	161.200	
5	Jim Newin	50		Chambly	QC	155.067
6	John Nugent	43		Kingston	151.907	
7	Michel Gouin	43		Drummondville	QC	151.568
8	Jim Martin	54		Lindsay	150.886	
9	Hans Maier	64		Markham	147.144	
10	Paul Smith	57		Dieppe	NB	141.617
11	Bill Monken	43		Brampton	137.600	
12	Deirdre Morison	57	F	Nepean	134.068	
13	Simon Laporte	52		N.D.P.-Joliette	QC	118.000
14	Maggie Hopewell	49	F	Pembroke	117.345	
15	Francois Philippe	36		Val Caron	116.800	
16	Heather Monken	42	F	Brampton	114.858	
17	Marjorie Adam	59	F	Deep River	114.139	
18	Eric Dugal	29		Longueuil	QC	110.000
19	Ronald Gehl	56		Kitchener	109.200	
20	Charlie Upshall	58		Schomberg	105.200	
21	Patricia Sommers	50	F	Kitchener	103.200	
22	Sue Armstrong	43	F	Dunrobin	102.000	
23	Gord England	50		Toronto	100.800	
24	Bill Howell	47		Ottawa	97.385	
25	Andre April	41		Alymer	QC	96.800
26	Joe Cleary	63		Georgetown	87.686	
27	Clayton Smith	36		Smithville	85.600	
28	Howard Parker	53		Scarborough	82.800	
29	Sam Livingston	41		Weatherford	TX	80.800
30	Celine Bertrand	31	F	Azilda	80.467	
31	Janet Culig	29	F	Brampton	72.237	
32	Jane Hughes	30	F	Brampton	65.437	
34	Robert Lebrun	50		Callandar	60.000	
33	Alex Cowie	65		Oshawa	60.000	
35	Paula Fleming		F	Ottawa	58.000	
36	Colin Kingsford	60		Ottawa	50.000	
37	Tony Power	40		St. Catherines	43.600	
38	Mitzi Paquette	33	F	Oshawa	31.600	

Michel Careau Award (top rookie)

Female: Sue Armstrong

Male: David Deubelbeiss

Sy Mah Award (most even splits in first 100 miles)

Joe Hewitt

Results: Al Ferguson, RD (Sri Chinmoy Marathon Team)

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