

# Niagara 50Km/50Mi/100Km

## Inspiration, perspiration and expiration

**Niagara Falls, Ontario (UW)** - The fifth annual Niagara 50 Km, 50 Mile, 100 Km races continued their annual exponential growth with 132 registrants, but the anticipated atmospheric conditions may have accounted for the non-appearance of 15 of these. And of the 117 who approached the line at 6 am, by nightfall, only 100 had returned to cross the finish line.

While temperatures at or approaching 30 C are seasonal, in previous years cooling breezes off the vineyards and orchards lying windward of the course, and, twice, summer rainstorms, have served to mitigate the effects on the participants. Not so this year, as the air was almost deadly still.

Despite the adverse conditions, two performances did stand out: that of Brian Teason of Coral Springs, Florida, who turned in a 5:23:41 time in blowing away the Canadian competition in the 50-Mile Division, and that of Deanna Lindsay, who blew away the women's 100 Km course record of 9:43:05, set last year by Jane Ballantyne, by almost half an hour. Brian turned back the clock on the course standard he set the previous year by almost an hour.

The 50 Mile and 100 Km Divisions begin at the mouth of the Niagara River in Niagara-on-the-Lake and follow the asphalt-paved Niagara Recreation Trail south past the Falls (25km) to Fort Erie (50km) and return by the same course (the 50 milers turning just after 40km), while the 50km Division is bussed out to Fort Erie and simply runs point to point back to Niagara-on-the-Lake. Below the Falls, the course is rolling and generally shady, but above the Falls, is quite flat and there are long stretches of no or only intermittent shade. It is this part of the course that must be run during the hottest part of the day by the two longer divisions.

Nonetheless, the course is remarkably beautiful for what is essentially a road course, and quite varied as it passes historic sites, beautiful homes and gardens, marinas, vineyards, with the lovely Niagara River as the constant companion.

## The Niagara 100 Km, 50 Mile, 50 Km Foot Race

*Saturday, June 28, 1997*

*Niagara-on-the-Lake, Ontario*

### 100 Kilometres

1.	Tom Rogozinski PA 29	8:39:20
2.	Peter Haase 50	9:05:33
3.	Deanna Lindsay 37	9:14:14 F
4.	Ron Gehl 49	9:31:44
5.	Toshiro Yamashita 37	9:36:37
6.	W. Christopherson MI 48	9:43:58
7.	Doug Barber 50	9:44:44
8.	Don Hampton MI 57	9:50:07
9.	Dan O'Flaherty NJ 46	10:04:45
10.	John Giovengo PA 51	10:04:49

11. Scott Walsh 19	10:14:22
12. Susan Baehre VA 38	10:45:35 F
13. Peter Suomela 48	10:48:24
14. Paul Raymond 42	11:05:58
15. Roger Parsons	11:26:39
16. John Cookson 53	12:53:08
17. Dick West MI 55	12:53:09
18. Aimee Runge 30	13:07:40 F
19. Bruce Hilton 59	13:21:36
20. Terri Hayes VA 54	12:22:28 F
21. Steve Coe OH 50	14:02:06
22. Bill Mallett 52	14:02:06
23. Howard Parker 47	14:08:07
24. Helen Malmberg 51	14:08:23 F
33 Starters	

### 50 Miles

1. Brian Teason FL 36	5:23:41
2. Luke Hohenadel 38	7:08:16
3. Colin Kingsford QUE 54	7:31:50
4. Tony Martin 33	7:32:38
5. Jean-Paul VanBelle SA 36	7:54:44
6. Norman Arlt MI 48	8:19:50
7. Bonnie Arlt MI 45	8:19:51 F
8. Bonita Neglia 47	8:29:01 F
9. Joseph Spragg CT 51	8:35:12
10. Fred Davies OH 49	8:47:39
11. Egor Egan NB 37	9:19:56
12. William Little OH 53	9:43:54
13. Newt McKnight OH 53	10:25:37
14. Tom Dembinski OH 48	10:44:54
15. Grant Campbell 38	11:04:03
16. John Spasiw 43	11:30:05
17. Tom Restoule 47	12:30:05
18. Jose Najera NY 41	13:18:52
20 Starters	

### 50 Kilometres

1. Bob Dion MA 41	3:44:10
2. Terry Martin 51	3:45:55
3. John Caovette 35	3:54:53
4. Michael Schiavone NY 41	4:02:54
5. Jim Clarke 52	4:04:11
6. Chris Wytyczak 36	4:11:00
7. Hans Herrmann 49	4:20:07
8. Michael Power 36	4:22:22
9. G. Balasekaran PA 28	4:23:42
10. Stan Neumann MD 58	4:27:27
11. Matthew Green 39	4:39:15
12. Peter Eggers 35	4:39:46
13. Jerry Bartram OH 51	4:44:06
14. John Snyder 42	4:44:17
15. Carl Pegels NY 64	4:48:12
16. John Lehman 58	4:52:45
17. Karin Westfahl 25	4:53:04 F
18. Tanya Cady OH 44	4:63:05 F
19. Rand Freeman 32	4:54:35
20. Richard Hladio 40	4:56:30
21. Don Douglas 49	5:04:10
22. Robert McCluskey 49	5:05:10

23.	Todd Corradetti	39	5:06:33
24.	John Sacco	44	5:06:40
25.	Walt Lemonovich	OH 47	5:10:05
26.	Bill Reaverly	55	5:17:28
27.	Wayne Bailey	47	5:23:23
28.	Steve Hall	48	5:28:40
29.	George Mende	55	5:28:40
30.	Bill Fornoff	MD 52	5:35:55
31.	Robert Udell	42	5:37:11
32.	Tim Krug	PA 53	5:40:27
33.	Ian Ross	53	5:40:50
34.	Bernice Goy	53	5:40:51 F
35.	Marge Potter	59	5:44:52 F
36.	Gord Harthun	42	5:50:44
37.	Esmond Mah	47	5:51:35
38.	Jim Glen	30	6:00:50
39.	David Lalonde	40	6:01:28
40.	Herb Connell	58	6:01:29
41.	Terry Brown	50	6:17:34
42.	Rick Worley	TX 50	6:18:10
43.	Joe Cleary	57	6:24:30
44.	Sherry McLean	48	6:24:31 F
45.	Cathy Triosi	NY 51	6:28:17 F
46.	Beth Garver	Tatom TX 30	6:28:20 F
47.	Ron Turner	64	6:50:43
48.	Elliot Aronoff	42	6:52:09
49.	Kim Campbell	40	6:54:27 F
50.	Jim Wahl	MI 50	6:56:03
51.	Michael Sacco	47	6:59:59
52.	Pam Apple	TN 31	7:00:29 F
53.	Rob Apple	OH 35	7:00:29
54.	James Reeve	MI 52	7:13:10
55.	Don McNelly	NY 76	8:02:07
56.	Wally Herman	71	8:02:07
57.	Jess Heroux	51	8:40:37
58.	E. Kourounis	NY 55	9:04:22

64 Starters