

IROQUOIA TRAIL RUN 32k

updated 22 Aug 07

Saturday Aug 18, 2007

	bib		32K time	div	pl /div	pace /km	pl at 21k	21k time	city
1	122	Kyle Aitken	2:29:49	TM<40	1	4:41	2	1:28:44	
2	80	Oswin Hall	2:30:59	TM40-49	1	4:44	3	1:32:14	Unionville ON
3	29	Jim Seeds	2:32:49	TM<40	2	4:47	1	1:28:42	Waterford ON
4	43	Alec Braithwaite	2:38:30	TM<40	3	4:58	4	1:35:03	Brantford ON
5	127	Jonathan Black	2:42:17	TM40-49	2	5:05	7	1:39:27	
6	115	Robin Hutchinson	2:43:13	TM40-49	3	5:07	8	1:40:14	Ancaster ON
7	125	Bob Julian	2:44:51	TM40-49	4	5:10	9	1:41:34	
8	58	Kevin O'Neill	2:45:08	TM40-49	5	5:10	10	1:42:09	Barrie ON
9	28	Mike Tickner	2:45:38	TM<40	4	5:11	5	1:38:47	Kitchener ON
10	106	Blair Layng	2:46:43	TM40-49	6	5:13	6	1:39:26	Tillsonburg ON
11	17	George Aitkin	2:48:04	TM50+	1	5:16	11	1:42:57	Cambridge ON
12	57	Jim Orr	2:48:09	TM50+	2	5:16	12	1:43:02	Toronto ON
13	56	Keith Lascelles	2:51:13	TM40-49	7	5:22	13	1:43:08	Barrie ON
14	97	Marcel O'Gorman	2:52:01	TM<40	5	5:23	14	1:45:11	Kitchener ON
15	103	Jason Petro	2:53:10	TM<40	6	5:25	16	1:45:15	Tecumseh ON
16	51	Rob Tolman	2:53:17	TM<40	7	5:25	17	1:48:05	Erin ON
17	68	Wes Roberts	2:54:38	TM<40	8	5:28	15	1:45:13	Oakville ON
18	88	Dave Champion	3:02:08	TM40-49	8	5:42	18	1:50:57	Kitchener ON
19	18	Jason Shaw	3:03:23	TM40-49	9	5:44	19	1:51:35	Mt. Albert ON
20	118	Matthew Bayley	3:03:49	TM<40	9	5:45	22	1:53:55	London ON
21	63	Wayne Arnold	3:04:32	TM40-49	10	5:46	23	1:53:56	Burlington ON
22	114	Susan Hutchinson	3:04:50	TF<40	1	5:47	25	1:54:25	Ancaster ON
23	39	Laurie McGrath	3:05:36	TF<40	2	5:48	26	1:55:04	Baden ON
24	7	Henry Vangemert	3:05:48	TM40-49	11	5:49	20	1:52:07	Oakville ON
25	22	Howie Beattie	3:06:53	TM40-49	12	5:51	28	1:55:10	Cambridge ON
26	5	David Bohn	3:07:35	TM40-49	13	5:52	21	1:53:49	Kanata ON
27	15	Steve Wolfe	3:11:11	TM<40	10	5:59	31	1:56:45	Hamilton ON
28	34	Brian Robertson	3:12:33	TM40-49	14	6:02	43	2:01:18	Port Hope ON
29	89	Robert Tremblay	3:14:59	TM40-49	15	6:06	30	1:56:21	Bolton ON
30	3	David Schottlander	3:15:52	TM40-49	16	6:08	24	1:54:22	Burlington ON
31	52	Roger Parsons	3:15:56	TM50+	3	6:08	36	1:58:19	St. Jacobs ON
32	64	Adrien Boutin	3:16:25	TM<40	11	6:09	41	2:00:31	Toronto ON
33	70	Todd Mickolwin	3:17:09	TM<40	12	6:10	27	1:55:07	Richmond Hill ON
34	49	David Manuel	3:17:57	TM50+	4	6:12	33	1:57:14	Beamsville ON
35	46	Joseph Hewitt	3:18:22	TM50+	5	6:12	34	1:57:34	Burlington ON
36	79	Rich Darke	3:18:39	TM<40	13	6:13	29	1:56:00	Ancaster ON
37	73	Wouter Van Essen	3:19:29	TM50+	6	6:15	39	1:59:32	Mississauga ON
38	59	George Sarson	3:20:05	TM50+	7	6:16	37	1:59:00	Waterloo ON
39	124	Wayne Silberman	3:20:13	TM<40	14	6:16	47	2:02:16	
40	75	Trevor Arndt	3:20:19	TM40-49	17	6:16	32	1:57:01	Brampton ON
41	40	Jill Suzanne Sparks	3:21:54	TF<40	3	6:19	50	2:04:01	Bowmanville ON
42	65	Lisa Leskien	3:22:52	TF<40	4	6:21	46	2:02:00	Cambridge ON
43	62	Tim Brunet	3:23:10	TM<40	15	6:21	40	2:00:19	Lasalle ON
44	87	Mark Mannering	3:24:11	TM40-49	18	6:23	42	2:01:17	Toronto ON
45	99	Ted Hellingman	3:24:17	TM40-49	19	6:24	63	2:08:25	Barrie ON

46	102	Brian Goldthorp	3:25:42	TM40-49	20	6:26	44	2:01:22	Toronto ON
47	94	Jamie Forget	3:27:34	TM<40	16	6:30	64	2:08:26	Shanty Bay ON
48	48	Sheldon Gragg	3:27:55	TM50+	8	6:30	48	2:02:29	Georgetown ON
49	38	Roland Geerders	3:29:28	TM<40	17	6:33	35	1:57:43	Sutton West ON
50	1	Gord England	3:30:12	TM50+	9	6:35	71	2:15:49	
51	4	Tony Martin	3:30:17	TM40-49	21	6:35	38	1:59:06	Kitchener ON
52	101	Bruce Smith	3:30:31	TM40-49	22	6:35	57	2:07:07	Burlington ON
53	32	Jay Malowney	3:30:58	TM<40	18	6:36	56	2:06:37	Aurora ON
54	109	Jim Mullenix	3:31:51	TM40-49	23	6:38	51	2:04:35	ON
55	129	Jeremy Kwak	3:32:04	TM<40	19	6:38	49	2:02:45	
56	74	David Foscarini	3:32:18	TM40-49	24	6:39	52	2:05:09	Toronto ON
57	66	Tammy Whitehead	3:33:44	TF40-49	1	6:41	67	2:11:18	London ON
58	105	Suzie Brown	3:33:57	TF<40	5	6:42	55	2:06:33	Uxbridge ON
59	104	Michael Caterer	3:36:02	TM<40	20	6:46	62	2:07:44	Uxbridge ON
60	71	Vikki Baylis	3:36:08	TF<40	6	6:46	66	2:11:15	Burlington ON
61	61	Kelly Gauss	3:36:08	TF<40	7	6:46	78	2:17:22	Ajax ON
62	119	Michael Halbmeier	3:37:24	TM<40	21	6:48	45	2:01:35	Burlington ON
63	14	Patrick Timmons	3:37:36	TM50+	10	6:48	68	2:11:20	London ON
64	26	Tom Restoule	3:38:51	TM50+	11	6:51	70	2:14:07	Penetanguishene ON
65	2	Dave Malcolm	3:39:14	TM40-49	25	6:52	75	2:16:13	Paris ON
66	31	Brian Kay	3:39:58	TM40-49	26	6:53	72	2:16:02	Milton ON
67	60	David Collins	3:41:28	TM50+	12	6:56	73	2:16:10	Burlington ON
68	55	Greg D'Cruz	3:43:17	TM<40	22	6:59	79	2:17:23	Ajax ON
69	112	Angie Hawley	3:45:06	TF40-49	2	7:03	74	2:16:11	Mississauga ON
70	81	Scott Douglas	3:46:03	TM40-49	27	7:04	77	2:17:21	Kitchener ON
71	98	Larry Waldron	3:49:07	TM50+	13	7:10	83	2:19:30	Burlington ON
72	69	Janice Morton	3:49:08	TF<40	8	7:10	84	2:19:32	Hamilton ON
73	24	Paul Miller	3:49:08	TM40-49	28	7:10	87	2:20:28	Toronto ON
74	21	Jim Glen	3:49:20	TM40-49	29	7:10	82	2:17:59	Hamilton ON
75	78	David Anthes	3:49:46	TM40-49	30	7:11	65	2:09:07	Thunder Bay ON
76	72	Tony Castelli	3:50:21	TM<40	23	7:12	85	2:19:33	Burlington ON
77	123	Mike Berze	3:50:21	TM40-49	31	7:12	86	2:19:35	
78	96	Jill Huntley	3:50:37	TF40-49	3	7:13	69	2:13:04	Welland ON
79	85	Iris Cooper	3:51:02	TF40-49	4	7:14	76	2:17:14	Toronto ON
80	44	Ronald Gehl	3:51:20	TM50+	14	7:14	58	2:07:36	Kitchener ON
81	16	Theresa McGrath	3:51:20	TF<40	9	7:14	59	2:07:37	Kitchener ON
82	36	Matt Tatham	3:53:15	TM40-49	32	7:18	89	2:23:13	Toronto ON
83	130	Christie McCarthy	3:54:23	TF<40	10	7:20	54	2:06:32	
84	77	Martin Zoretic	3:55:26	TM40-49	33	7:22	80	2:17:41	Hamilton ON
85	50	Michael Rigato	3:57:44	TM50+	15	7:26	53	2:06:24	Brampton ON
86	92	Katherine Kontio	3:58:13	TF<40	11	7:27	90	2:23:15	Richmond Hill ON
87	111	Andrew Pierce	3:58:30	TM40-49	34	7:28	81	2:17:57	Burlington ON
88	83	Jeff Cooper	4:02:46	TM50+	16	7:36	95	2:27:42	Toronto ON
89	91	Jeff Shnall	4:03:22	TM40-49	35	7:37			Thornhill ON
90	35	Mike Bell	4:06:16	TM40-49	36	7:42	61	2:07:40	Hamilton ON
91	107	Nancy Cole	4:06:45	TF50+	1	7:43	100	2:33:57	Milton ON
92	67	Ken Parsons	4:08:16	TM50+	17	7:46	91	2:23:16	Toronto ON
93	93	Mark Adler	4:09:17	TM50+	18	7:48	97	2:29:15	Thornhill ON
94	54	Mia Laister Peck	4:10:33	TF40-49	5	7:50	101	2:37:13	Burlington ON
95	53	Andre Roberge	4:10:33	TM<40	24	7:50	102	2:37:23	Hamilton ON

96	126	Sandi Steel	4:10:48	TF40-49	6	7:51	96	2:29:14	
97	117	Dennis Swan	4:15:10	TM40-49	37	7:59	93	2:24:35	ON
98	84	Jody Levine	4:19:04	TF<40	12	8:06	98	2:33:12	Etobicoke ON
99	23	Lori Trichilo	4:20:35	TF<40	13	8:09	88	2:21:01	Acton ON
100	37	Paul Nickerson	4:21:21	TM<40	25	8:11	94	2:26:24	Grimsby ON
101	33	Albert Costa	4:23:47	TM50+	19	8:15	103	2:37:50	Mississauga ON
102	86	Kent Oda	4:25:29	TM50+	20	8:18	60	2:07:38	Etobicoke ON
103	8	Robert Forest	4:26:10	TM40-49	38	8:20	104	2:37:52	Mississauga ON
104	90	Adi Shnall	4:27:57	TF40-49	7	8:23	110	2:43:10	Thornhill ON
105	47	Scott Smith	4:34:33	TM40-49	39	8:35	109	2:41:10	Guelph ON
106	13	Raymond Lobo	4:38:38	TM50+	21	8:43	99	2:33:36	Hamilton ON
107	45	Jim Ratcliffe	4:40:37	TM50+	22	8:47	107	2:40:27	Georgetown ON
108	113	Amanda Jackson	4:45:57	TF<40	14	8:57	112	2:52:36	Hamilton ON
109	9	Robert Carleton	4:51:24	TM50+	23	9:07	108	2:40:42	Oakville ON
110	95	Jane Kurchak	4:58:02	TF50+	2	9:19	111	2:51:41	Welland ON
111	121	Gord Harthun	5:01:49	TM<40	26	9:26	106	2:40:24	
112	120	Dwayne Harthun	5:01:51	TM<40	27	9:26	105	2:40:21	
113	76	Carol Willmott	5:04:26	TF40-49	8	9:31	114	3:23:28	Dundas ON
114	19	Isadora Van Riemsdijk	5:11:46	TF<40	15	9:45	115	3:24:01	Dundas ON
115	128	Jinny Megan	5:13:41	TF50+	3	9:49	113	2:58:11	
116	25	Margaret Westlake	6:39:03	TF50+	4	12:29	116	3:54:47	Louisville KY
117	41	Deanne Gosselin	6:39:03	TF<40	16	12:29	117	3:54:49	London ON
	30	Colin Tougher	dnf	TM40-49			92	2:24:32	Hamilton ON