

**Iroquoia Trail Test**  
**Saturday August 19, 2006**  
**32K**

**Entrants Finishers**

Total	167	149
Male	107	95
Female	60	54

Place	Bib	Name	32K	Division	Pace	21K			
			Time	Place	/Km	Place	Time	City	
1	99	Mark Tarnopolsky	2:34:12	TM40-49	1/43	4:50	1	1:31:59	Hamilton
2	166	Bill Schnurr	2:35:21	TM40-49	2/43	4:52	3	1:34:30	Burlington
3	106	Oswin Hall	2:35:48	TM40-49	3/43	4:53	2	1:33:44	Unionville
4	83	Bob Julian	2:39:45	TM40-49	4/43	5:00	5	1:37:23	
5	159	Adam Hill	2:42:36	TM<40	1/26	5:05	8	1:40:14	Orillia
6	41	Peter Taylor	2:42:57	TM<40	2/26	5:06	4	1:37:22	Toronto
7	48	Jonathan Black	2:46:05	TM40-49	5/43	5:12	11	1:42:40	Willowdale
8	66	Jeff Simpkins	2:48:57	TM40-49	6/43	5:17	10	1:41:59	Keswick
9	57	Scott Turner	2:49:57	TM40-49	7/43	5:19	6	1:38:21	London
10	46	Keith Peters	2:54:45	TM<40	3/26	5:28	9	1:41:11	St.catharines
11	28	Allan Magi	2:57:58	TM40-49	8/43	5:34	7	1:38:25	Dundas
12	161	June Dick	2:58:57	TF<40	1/23	5:36	16	1:47:50	Waterpoop
13	142	Josh Gibbins	2:58:58	TM<40	4/26	5:36	18	1:49:09	Waterloo
14	167	Ryne Melcher	2:58:59	TM<40	5/26	5:36	15	1:47:43	Reno
15	134	Jason Shaw	3:04:53	TM40-49	9/43	5:47	13	1:46:32	Mount Albert
16	169	Geoff Linton	3:06:30	TM40-49	10/43	5:50	24	1:52:15	
17	37	Ryan O'Dell	3:06:52	TM<40	6/26	5:51	17	1:48:06	Rochester
18	13	Michael Riley	3:06:59	TM50+	1/25	5:51	22	1:51:13	Oakville
19	155	Dave Barr	3:07:38	TM40-49	11/43	5:52	19	1:49:54	Guelph
20	148	Glenna Fraumeni	3:08:01	TF<40	2/23	5:53	27	1:55:40	Toronto
21	122	Paul Trebilcock	3:10:00	TM40-49	12/43	5:57	12	1:45:36	Hamilton
22	123	Wes Roberts	3:11:07	TM<40	7/26	5:59	26	1:52:54	Oakville
23	154	Brian Eley	3:11:23	TM40-49	13/43	5:59	21	1:51:05	Toronto
24	144	Tim Hastings	3:12:42	TM<40	8/26	6:02	20	1:50:10	Hamilton
25	116	Chris Berneche	3:13:28	TM50+	2/25	6:03	23	1:51:35	Belleville
26	34	Laurie McGrath	3:14:01	TF<40	3/23	6:04	34	2:00:00	Baden
27	26	Wayne Arnold	3:16:30	TM40-49	14/43	6:09	29	1:57:43	Burlington
28	110	Cameron Lutley	3:18:28	TM<40	9/26	6:13	33	1:59:57	Scarb.
29	15	Jesse Kerber	3:21:02	TM50+	3/25	6:17	61	2:07:48	Uxbridge
30	135	Joseph Hewitt	3:21:04	TM50+	4/25	6:17	37	2:01:11	Burlington
31	18	Jim Morrison	3:21:27	TM40-49	15/43	6:18	49	2:03:21	Thornhill
32	98	Stuart Lum-Walker	3:21:42	TM40-49	16/43	6:19	39	2:01:49	Ajax
33	8	Dean Rosnak	3:21:45	TM<40	10/26	6:19	28	1:57:24	Whitby
34	6	Brian Robertson	3:21:59	TM40-49	17/43	6:19	41	2:02:13	Port Hope
35	136	Cindy Ramsay	3:22:17	TF<40	4/23	6:20	31	1:59:33	Markham
36	35	Ronald Gehl	3:22:28	TM50+	5/25	6:20	36	2:01:09	Kitchener
37	47	Frank Facto	3:22:47	TM50+	6/25	6:21	48	2:03:20	Etobicoke
38	30	Mark Sorensen	3:23:51	TM40-49	18/43	6:23	35	2:00:21	Hamilton
39	60	Mark Walton	3:24:57	TM40-49	19/43	6:25	42	2:02:36	Ancaster
40	140	Paul Hennick	3:26:09	TM50+	7/25	6:27	54	2:05:14	Toronto
41	164	Marianne Perz	3:26:26	TF<40	5/23	6:28	75	2:14:16	Uxbridge
42	51	Nick Grayson	3:27:17	TM40-49	20/43	6:29	46	2:03:17	Guelph
43	22	Patrick Timmons	3:27:26	TM40-49	21/43	6:29	44	2:02:40	London
44	94	Roger Parsons	3:27:39	TM50+	8/25	6:30	43	2:02:39	St. Jacobs
45	4	David Bohn	3:27:46	TM40-49	22/43	6:30	47	2:03:18	Kanata
46	108	Paul Appleman	3:28:23	TM50+	9/25	6:31	51	2:04:10	Rr#4 Port Hope

47	90	Bill Duncan	3:29:32	TM40-49	23/43	6:33	25	1:52:53	Stittsville
48	143	Rejean Lavoie	3:30:02	TM<40	11/26	6:34	30	1:58:42	Kitchener
49	107	Mark Mannering	3:30:59	TM40-49	24/43	6:36	50	2:04:08	Toronto
50	119	Jason Cagampan	3:31:39	TM<40	12/26	6:37	38	2:01:23	Hamilton
51	163	Ricardo Santa	3:31:42	TM40-49	25/43	6:37	64	2:10:02	Ajax
52	50	Trevor Arndt	3:34:28	TM<40	13/26	6:43	40	2:01:55	Brampton
53	74	Rick McDowell	3:34:44	TM50+	10/25	6:43	52	2:04:19	Ajax
54	114	Henry Van Gemert	3:35:08	TM40-49	26/43	6:44	45	2:02:49	Oakville
55	170	Michael Latham	3:38:20	TM40-49	27/43	6:50	58	2:06:10	
56	157	Robert Gryfe	3:38:32	TM40-49	28/43	6:50	56	2:05:49	Toronto
57	79	Georges Azzie	3:38:32	TM40-49	29/43	6:50	53	2:04:57	Toronto
58	125	Ed Wilson	3:40:42	TM50+	11/25	6:54	68	2:10:28	Kitchener
59	80	Jody Gilbert	3:41:39	TF40-49	1/25	6:56	65	2:10:12	Brantford
60	111	Todd Mickolwin	3:41:56	TM<40	14/26	6:57	32	1:59:37	Toronto
61	171	Stephen Beamont	3:42:17	TMNOAGE	1/1	6:57	72	2:12:50	
62	113	Astrid Varga	3:42:40	TF50+	1/6	6:58	73	2:13:35	Kitchener
63	129	Robert Tremblay	3:44:29	TM40-49	30/43	7:01	66	2:10:15	Bolton
64	20	Joseph Allen	3:44:31	TM50+	12/25	7:01	67	2:10:17	Oakville
65	132	Tammy Whitehead	3:45:03	TF40-49	2/25	7:02	85	2:19:25	London
66	101	Rick Pindur	3:45:09	TM40-49	31/43	7:03	63	2:09:32	Whitby
67	38	Jim Mullenix	3:45:24	TM50+	13/25	7:03	62	2:08:51	London
68	165	Esther Tam	3:48:49	TF<40	6/23	7:10	86	2:20:45	Scarborough
69	82	Bruce Smith	3:49:16	TM40-49	32/43	7:10	59	2:06:23	
70	54	Debbie Bell	3:49:57	TF40-49	3/25	7:12	83	2:18:34	Mississauga
71	65	Gail Forshaw	3:51:04	TF50+	2/6	7:14	102	2:25:38	Burlington
72	124	Jody Levine	3:51:17	TF<40	7/23	7:14	92	2:23:20	Etobicoke
73	45	Henri Ragetlie	3:52:31	TM40-49	33/43	7:16	69	2:11:24	St.catharines
74	149	Patrick Meade	3:52:52	TM50+	14/25	7:17	76	2:15:32	Pickering
75	76	Krista Beisel	3:52:55	TF<40	8/23	7:17	82	2:18:19	Paris
76	49	Sharon Hewitt	3:54:39	TF40-49	4/25	7:20	97	2:24:14	Burlington
77	52	Dwayne Harthun	3:54:44	TM<40	15/26	7:21	90	2:22:54	Hamilton
78	5	Jay Harrison	3:55:45	TM<40	16/26	7:23	71	2:12:17	Hamilton
79	3	Jim Glen	3:55:45	TM<40	17/26	7:23	70	2:12:12	Hamilton
80	7	Vikki Baylis	3:56:04	TF<40	9/23	7:23	98	2:24:17	Burlington
81	133	Wayne Silberman	3:56:17	TM<40	18/26	7:24	60	2:07:21	North York
82	24	David Collins	3:57:02	TM50+	15/25	7:25	79	2:17:43	Burlington
83	145	Sandi Stiel	3:58:00	TF40-49	5/25	7:27	96	2:24:12	Toronto
84	2	Howard Parker	3:59:03	TM50+	16/25	7:29	95	2:23:55	Scarborough
85	72	Jill Huntley	3:59:13	TF40-49	6/25	7:29	91	2:22:57	Lowbanks
86	61	Fortunato Papalia	3:59:16	TM50+	17/25	7:29	80	2:17:59	Kincardine
87	141	Wanda Ferguson	4:01:07	TF40-49	7/25	7:33	77	2:16:09	Ottawa
88	158	Steve Wayne	4:01:26	TM40-49	34/43	7:33	94	2:23:51	Toronto
89	63	Amanuel Isaac	4:01:38	TM<40	19/26	7:34	55	2:05:25	Etobicoke
90	102	Angela Cummings	4:01:38	TF<40	10/23	7:34	57	2:06:03	Acton
91	150	Adi Shnall	4:02:03	TF40-49	8/25	7:34	93	2:23:51	Thornhill
92	75	Sharon Zelinski	4:02:16	TF40-49	9/25	7:35	105	2:25:50	Toronto
93	109	Katja Kleinke	4:02:16	TF<40	11/23	7:35	111	2:27:30	Waterloo
94	19	Patty Clune	4:02:16	TF40-49	10/25	7:35	112	2:27:31	Toronto
95	105	Christine Lundvall	4:02:16	TF40-49	11/25	7:35	113	2:27:37	Toronto
96	33	Karen Beaulieu	4:02:27	TF40-49	12/25	7:35	101	2:24:40	Knoxville
97	128	Stephen Miller	4:03:03	TM<40	20/26	7:36	74	2:13:59	Toronto
98	68	Janice Morton	4:03:03	TF<40	12/23	7:36	108	2:27:01	Hamilton
99	115	Steven Forrest	4:04:12	TM<40	21/26	7:38	88	2:21:31	Carlisle
100	12	Mia Laister Peck	4:04:24	TF40-49	13/25	7:39	109	2:27:06	Burlington
101	53	Colin Tougher	4:04:47	TM40-49	35/43	7:39	107	2:26:59	Hamilton
102	120	Monique Fournier	4:04:51	TF40-49	14/25	7:40	100	2:24:38	Sudbury
103	127	Glenn Bourgeau	4:05:16	TM50+	18/25	7:40	121	2:30:46	Caledon
104	151	Kendra Olsen	4:05:16	TF40-49	15/25	7:40	120	2:30:36	Bolton
105	92	Pascal Dugas	4:06:01	TM<40	22/26	7:42	84	2:19:13	Whitby
106	96	Dave Mounsey	4:09:24	TM40-49	36/43	7:48	116	2:29:13	Blyth

107	9	Brenda Carey	4:09:24	TF<40	13/23	7:48	118	2:29:30	Blyth
108	81	Glen Patterson	4:10:06	TM40-49	37/43	7:49	110	2:27:26	
109	121	Virginia Govier	4:10:28	TF<40	14/23	7:50	117	2:29:30	New Dundee
110	146	John M. Campbell	4:10:29	TM40-49	38/43	7:50	130	2:35:12	Dundas
111	137	Kelly Park	4:11:02	TF40-49	16/25	7:51	89	2:22:37	Burlington
112	58	Tammy Sieminowski	4:11:32	TF<40	15/23	7:52	125	2:31:47	Toronto
113	160	Nav Mundi	4:11:49	TM<40	23/26	7:53			Mississauga
114	42	Scott McBride	4:12:22	TM<40	24/26	7:54	99	2:24:20	Burlington
115	152	George Forshaw	4:12:34	TM50+	19/25	7:54	115	2:28:11	Burlington
116	70	Gavin Simpson	4:13:27	TM50+	20/25	7:56	103	2:25:42	Ajax
117	147	Angie Hawley	4:13:55	TF<40	16/23	7:57	123	2:31:26	Ajax
118	14	Gary Cambridge	4:14:08	TM40-49	39/43	7:57	122	2:31:23	Ilderton
119	77	Martin Zoretic	4:17:02	TM<40	25/26	8:02	78	2:16:11	Hamilton
120	117	Heidi Schutte	4:17:07	TF<40	17/23	8:03	114	2:28:01	Hamilton
121	31	A. Duff McLaren	4:18:30	TM50+	21/25	8:05	106	2:26:56	Toronto
122	126	Scott Douglas	4:19:04	TM40-49	40/43	8:06	126	2:31:48	Kitchener
123	131	Diane Chesla	4:20:10	TF<40	18/23	8:08	129	2:33:57	Toronto
124	27	Nicol Decourcy-Donovan	4:20:46	TF<40	19/23	8:09	124	2:31:37	Dundas
125	55	Jennifer-Anne Meneray	4:21:31	TF<40	20/23	8:11	133	2:42:08	London
126	162	Dan Boutin	4:21:34	TM<40	26/26	8:11	104	2:25:45	Burlington
127	1	Vesna Vukovic-Dzodan	4:26:42	TF<40	21/23	8:21	128	2:33:27	Oakville
128	67	Soroya Heggie	4:27:42	TF40-49	17/25	8:22	135	2:43:30	Thornhill
129	153	Bernadette Kennedy	4:28:36	TF40-49	18/25	8:24	134	2:43:29	Toronto
130	200	Nancy Cole	4:28:42	TF50+	3/6	8:24	132	2:41:25	Milton
131	64	Suzie Brown	4:29:27	TF<40	22/23	8:26	131	2:38:01	Uxbridge
132	91	Andrew Pierce	4:29:42	TM40-49	41/43	8:26	87	2:20:52	Burlington
133	56	Dennis Swan	4:33:31	TM40-49	42/43	8:33	81	2:18:16	Hamilton
134	139	Cherie Harthun	4:36:31	TF<40	23/23	8:39	139	2:48:14	Hamilton
135	168	Gord Harthun	4:36:31	TM50+	22/25	8:39	140	2:48:17	
136	97	Linda Brooks	4:38:20	TF40-49	19/25	8:42	142	2:48:56	Orchard Park
137	40	Jeff Simpson	4:40:11	TM40-49	43/43	8:46	136	2:45:31	Hamilton
138	39	Judy Wilson	4:44:47	TF40-49	20/25	8:54	144	2:51:12	Kitchener
139	43	Cheryl Miller	4:45:41	TF40-49	21/25	8:56	137	2:46:43	Mount Hope
140	118	Sonya Brons	4:45:42	TF40-49	22/25	8:56	138	2:46:47	Hamilton
141	32	Helen Malmborg	5:04:02	TF50+	4/6	9:31	146	2:56:54	Toronto
142	71	Jane Kurchak	5:11:27	TF50+	5/6	9:44	147	2:57:10	Welland
143	62	Elizabeth McIlroy	5:24:46	TF40-49	23/25	10:09	141	2:48:27	Toronto
144	17	Rob Udell	5:26:57	TM50+	23/25	10:14	148	3:05:33	Toronto
145	16	Gerry Sheerin	5:31:41	TM50+	24/25	10:22	151	3:14:48	Toronto
146	103	Birgit Traenkman	5:31:41	TF50+	6/6	10:22	152	3:14:54	Toronto
147	130	Glenis McLaren	5:33:53	TF40-49	24/25	10:27	153	3:16:35	Holland Landing
148	44	Janis Jarvis	5:33:54	TF40-49	25/25	10:27	154	3:16:41	Holland Landing
149	112	Dave Robson	6:04:51	TM50+	25/25	11:25	155	3:24:03	Dorchester
150	156	Blair Layng		TM40-49	/		14	1:47:05	Tillsonburg
151	11	James Nelligan		TM50+	/		143	2:49:01	Ridgeville
152	138	Debbie Jones		TF50+	/		149	3:06:52	Paris
153	59	Lisa Simpson		TF<40	/		150	3:06:56	Kitchener
154	88	Ingrid Exner		TF<40	/		156	3:24:05	Burlington
155	104	Andre Roberge		TM<40	/		119	2:30:31	Hamilton
156	23	Larry Lichty		TM50+	/		127	2:33:02	Acton
157	25	Michael Rigato		TM50+	/		145	2:52:07	Brampton