



IROQUOIA TRAIL TEST 32 Km

17th annual

August 21, 2004

Kilbride, Ontario

Bib		Time	Pace	Pl/Div	Div	City
1	58 Mark Tarnopolsky	2:32:30	4:46	1/31	M40-49	Hamilton
2	15 Bill Duncan	2:32:59	4:47	2/31	M40-49	Aylmer
3	56 Derrick Spafford	2:35:54	4:53	1/31	M<40	Yarker
4	2 Kyle Aitken	2:37:45	4:56	2/31	M<40	West Hill
5	124 Adam Hill	2:39:04	4:59	3/31	M<40	Orillia
6	149 Jeff Simpkins	2:43:06	5:06	3/31	M40-49	Keswick
7	128 Tim Kotilehti	2:44:42	5:09	4/31	M40-49	London
8	157 Scott Turner	2:45:32	5:11	5/31	M40-49	London
9	112 Dan Dufour	2:45:41	5:11	4/31	M<40	Lasalle
10	77 Paul Cybulski	2:46:18	5:12	5/31	M<40	
11	18 Nick Garside	2:49:32	5:18	6/31	M<40	Toronto
12	152 Derek Smith	2:50:29	5:20	6/31	M40-49	Owen Sound
13	80 Alex Mcmillin	2:56:26	5:31	7/31	M40-49	
14	78 Alan Mawhinney	2:57:51	5:34	7/31	M<40	Burlington
15	144 Michael Riley	2:59:58	5:38	8/31	M40-49	Oakville
16	21 Tracy Greig	3:00:15	5:38	1/34	F<40	Owen Sound
17	118 Stephanie Grahame	3:01:36	5:41	2/34	F<40	Toronto
18	104 Louise Blecher	3:04:56	5:47	3/34	F<40	Toronto
19	30 Nadeem Khan	3:07:36	5:52	8/31	M<40	Toronto
20	45 Henri Ragetlie	3:07:48	5:53	9/31	M40-49	St. Catharines
21	134 Andrew McLaren	3:08:52	5:55	9/31	M<40	London
22	136 Keith Mercer	3:09:30	5:56	10/31	M40-49	Orillia
23	48 George Sarson	3:09:56	5:57	1/23	M50+	Waterloo
24	127 Jesse Kerber	3:11:20	5:59	11/31	M40-49	Uxbridge
25	57 Nathan Stewart	3:11:22	5:59	10/31	M<40	Waterdown
26	153 Mark Sorensen	3:11:34	6:00	11/31	M<40	Hamilton
27	162 Doug Barber	3:11:37	6:00	2/23	M50+	
28	14 Tom Dufour	3:11:44	6:00	12/31	M<40	Lasalle
29	64 Tim Brunet	3:11:54	6:00	13/31	M<40	
30	191 Robyn Tindale	3:12:41	6:02	4/34	F<40	Hamilton
31	125 David Johnson	3:14:13	6:05	3/23	M50+	Toronto
32	40 Scott Morrison	3:14:46	6:06	14/31	M<40	Hamilton
33	133 Laurie Mcgrath	3:15:43	6:07	5/34	F<40	Kitchener
34	116 Ron Gehl	3:15:50	6:08	4/23	M50+	Kitchener
35	11 Jeff Cooper	3:15:54	6:08	12/31	M40-49	Toronto
36	122 Paul Hennick	3:16:16	6:08	5/23	M50+	Toronto
37	190 Christie Mccarthy	3:16:26	6:09	6/34	F<40	Mississauga
38	28 Carla Joller	3:16:27	6:09	1/4	F50+	Rockwood
39	3 Trevor Arndt	3:18:07	6:12	15/31	M<40	Brampton
40	53 Rick Mcdowell	3:18:42	6:13	6/23	M50+	Ajax
41	142 Andrew Pierce	3:18:54	6:13	13/31	M40-49	Burlington
42	68 Sean Mcsweeny	3:19:11	6:14	16/31	M<40	
43	39 Sara Montgomery Montgo	3:22:04	6:19	7/34	F<40	
44	69 Andre Ammersbach	3:22:45	6:21	14/31	M40-49	
45	7 Arnold Blumenthal	3:25:06	6:25	15/31	M40-49	Toronto
46	47 John Rolfe	3:27:34	6:30	16/31	M40-49	Waterford
47	105 Michael Bolton	3:27:35	6:30	17/31	M<40	Brantford
48	100 Lea Amaral	3:28:48	6:32	1/16	F40-49	Toronto
49	54 Jeff Sine	3:28:49	6:32	18/31	M<40	Erin
50	119 Tania Gross	3:29:43	6:34	8/34	F<40	Mississauga
51	61 Mark Walton	3:29:53	6:34	17/31	M40-49	Ancaster
52	5 Stephen Beaumont	3:31:01	6:36	18/31	M40-49	Aurora
53	164 Bruce Smith	3:31:04	6:36	19/31	M40-49	
54	189 Lars Hausler	3:31:25	6:37	19/31	M<40	Orangeville
55	195 Pat Malavi	3:31:51	6:38	20/31	M<40	Toronto
56	81 Dmitry Kozlov	3:32:06	6:38	21/31	M<40	Burlington
57	132 Alexander Mccomb	3:32:42	6:39	7/23	M50+	Brampton
58	129 Valerie Lamothe	3:32:42	6:39	2/16	F40-49	Brampton
59	159 Tammy Whitehead	3:33:42	6:41	3/16	F40-49	London
60	131 Tony Martin	3:35:53	6:45	20/31	M40-49	Kitchener
61	143 Jim Ratcliffe	3:36:12	6:46	8/23	M50+	Georgetown
62	145 Ricardo Santa	3:36:47	6:47	22/31	M<40	Ajax
63	13 Heidi Dickinson	3:37:38	6:49	9/34	F<40	
64	111 Tomas Dobransky	3:38:04	6:49	21/31	M40-49	London
65	46 Michael Rigato	3:39:18	6:52	9/23	M50+	Brampton
66	34 Scott Mcbride	3:39:31	6:52	23/31	M<40	Burlington
67	187 Wanda Ferguson	3:40:54	6:55	4/16	F40-49	
68	101 Kathryn Arthur	3:41:46	6:56	10/34	F<40	Leamington
69	51 Deborah Sheppard	3:42:13	6:57	5/16	F40-49	Barrie
70	163 Dennis Swan	3:42:21	6:57	22/31	M40-49	
71	141 Michelle Payne	3:44:41	7:02	11/34	F<40	
72	33 Cameron Lutley	3:45:00	7:02	24/31	M<40	Toronto
73	24 Carrie Heldman	3:45:14	7:03	12/34	F<40	Kitchener
74	20 Maya Goodridge	3:45:17	7:03	13/34	F<40	Belleville
75	70 Caroline Siebert	3:45:18	7:03	14/34	F<40	
76	10 Patricia Clune	3:45:18	7:03	6/16	F40-49	Toronto
77	110 Mikael Dalimonte	3:47:31	7:07	25/31	M<40	Leamington
78	138 Linda Ng	3:48:10	7:08	7/16	F40-49	London
79	43 Howard Parker	3:50:09	7:12	10/23	M50+	Scarborough

80	199	David Harrison	3:50:34	7:13	26/31	M<40	London
81	120	Jamie Harris	3:50:37	7:13	11/23	M50+	London
82	25	Joseph Hewitt	3:51:28	7:14	12/23	M50+	Burlington
83	109	Iris Cooper	3:51:28	7:14	8/16	F40-49	Toronto
84	72	Jim Glen	3:52:20	7:16	27/31	M<40	Hamilton
85	150	Lisa Simpson	3:52:58	7:17	15/34	F<40	Paris
86	188	Astrid Varga	3:54:03	7:19	2/4	F50+	Kitchener
87	194	Linda Ferguson	3:54:50	7:21	9/16	F40-49	Mississauga
88	32	Stuart Ludwig	3:55:13	7:21	13/23	M50+	Angola
89	67	Steven Van Hoffen	3:56:48	7:24	1/1	M noage	Burlington
90	62	Don Young	3:57:45	7:26	23/31	M40-49	Kitchener
91	160	Sherry Edwards	3:59:02	7:29	10/16	F40-49	
92	63	Sylvie Landry	3:59:19	7:29	16/34	F<40	
93	76	Sharon Zelinski	3:59:42	7:30	17/34	F<40	Toronto
94	26	Laury Hickling	3:59:43	7:30	18/34	F<40	Uxbridge
95	115	Glenna Fraumeni	3:59:44	7:30	19/34	F<40	North York
96	44	Bruce Pellow	3:59:46	7:30	14/23	M50+	London
97	6	Gary Black	3:59:46	7:30	24/31	M40-49	Milton
98	140	Kelly Park	3:59:59	7:30	11/16	F40-49	Burlington
99	186	Barb King	4:00:02	7:31	20/34	F<40	
100	4	Michelle Bagshaw	4:00:02	7:31	21/34	F<40	Uxbridge
101	102	Anna Beattie	4:00:14	7:31	22/34	F<40	Toronto
102	113	Gord Englund	4:00:23	7:31	15/23	M50+	Toronto
103	29	Brian Kay	4:01:47	7:34	28/31	M<40	Acton
104	193	Lori Trichilo	4:01:50	7:34	23/34	F<40	Acton
105	126	Debbie Jones	4:02:48	7:36	12/16	F40-49	Paris
106	71	Tina Morgan	4:06:27	7:43	24/34	F<40	London
107	108	Jodean Coad	4:06:33	7:43	25/34	F<40	Brampton
108	8	Jackie Bourgeois	4:07:19	7:44	26/34	F<40	Hamilton
109	35	Gavin Simpson	4:08:45	7:47	16/23	M50+	Ajax
110	146	Heidi Schutte	4:09:11	7:48	27/34	F<40	Hamilton
111	9	Gary Cambridge	4:11:18	7:52	25/31	M40-49	Ilderton
112	154	Lili Spiewak	4:11:22	7:52	28/34	F<40	Brantford
113	106	Ian Cairns	4:11:39	7:52	29/31	M<40	Burlington
114	37	Liz Mcmanus	4:15:50	8:00	29/34	F<40	Markham
115	73	Linda Delany	4:18:06	8:04	30/34	F<40	
116	158	Beth Mcilroy	4:18:07	8:04	13/16	F40-49	Toronto
117	139	Bill Nightingale	4:22:21	8:12	17/23	M50+	London
118	123	John Hewitt	4:23:40	8:15	18/23	M50+	Campbellville
119	52	Jeff Simpson	4:27:01	8:21	26/31	M40-49	Hamilton
120	22	Michael Halbmeier	4:27:28	8:22	30/31	M<40	Burlington
121	103	Mark Berry	4:28:35	8:24	31/31	M<40	Orangeville
122	192	Rob Field	4:31:50	8:30	27/31	M40-49	
123	156	Amanda Topham	4:36:18	8:39	31/34	F<40	London
124	36	Don Mcintyre	4:38:38	8:43	19/23	M50+	Brampton
125	27	Gary Johnson	4:43:13	8:52	20/23	M50+	Oakville
126	41	Nicki Lauzon	4:44:18	8:54	32/34	F<40	London
127	38	Jenniferanne Meneray	4:44:18	8:54	33/34	F<40	London
128	130	Christine Lundvall	4:45:50	8:56	14/16	F40-49	Toronto
129	74	Marie Dunn	4:45:50	8:56	15/16	F40-49	
130	161	Daniel Boon	4:56:24	9:16	28/31	M40-49	
131	117	Larry Gooder	4:56:32	9:16	21/23	M50+	London
132	65	Helen Malmborg	4:58:30	9:20	3/4	F50+	
133	75	Gordon Langley	5:09:22	9:41	22/23	M50+	
134	155	Felix Tam	5:10:29	9:43	29/31	M40-49	Toronto
135	31	Chris Vasey	5:21:33	10:03	16/16	F40-49	Guelph
136	148	Gerry Sheerin	5:41:36	10:41	23/23	M50+	Scarborough
137	114	Birgit Traenkmann	5:41:36	10:41	4/4	F50+	Ottawa
	196	Joachim Brouwer	dnf		30/31	M40-49	Hamilton
	17	Michael Fontaine	dnf		31/31	M40-49	Bolton
	79	Robin Hutchinson	dnf		34/34	F<40	

140 starters
revised 08/27/04

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