



IROQUOIA TRAIL TEST 32 Km

16th annual

August 16, 2003

Kilbride, Ontario

Place	Bib	Name	Final (32K)		Division		8K		20K		City
			Time	Pace	Place/fin		Place	Time	Place	Time	
1	1047	Mark Tarnopolsky	2:39:06	4:59	1/43	M40-49	1	34:35	1	1:34:56	Hamilton
2	1044	Derrick Spafford	2:41:01	5:02	1/44	M<40	3	35:26	2	1:38:02	Camden East
3	429	Allan Magi	2:42:22	5:05	2/44	M<40	4	35:34	3	1:38:39	Dundas
4	412	Bill Duncan	2:46:28	5:13	2/43	M40-49	5	35:40	5	1:39:55	Aylmer
5	401	Kyle Aitken	2:48:12	5:16	3/44	M<40	2	35:24	7	1:40:04	West Hill
6	405	Michael Brennan	2:48:41	5:17	3/43	M40-49	9	36:31	4	1:39:53	Toronto
7	1078	Hans Fransson	2:49:38	5:19	4/44	M<40	8	36:12	6	1:40:03	
8	467	George Aitkin	2:50:22	5:20	1/23	M50+	6	36:06	8	1:40:05	Cambridge
9	1080	Dan Dufour	2:56:12	5:31	5/44	M<40	15	39:57	13	1:49:02	
10	452	Scott Turner	2:59:55	5:38	4/43	M40-49	7	36:09	14	1:51:05	London
11	1056	Luke Hohenadel	3:00:25	5:39	5/43	M40-49	11	39:11	10	1:48:15	Guelph
12	438	Keith Peters	3:01:27	5:41	6/44	M<40	13	39:47	15	1:52:13	St. Catharines
13	435	Marcel O'gorman	3:01:36	5:41	7/44	M<40	16	40:06	9	1:48:14	Windsor
14	423	Adam Hill	3:03:52	5:45	8/44	M<40	30	42:43	19	1:56:05	Orillia
15	1049	Michael Tripp	3:04:40	5:47	9/44	M<40	19	41:10	12	1:48:55	Woodbridge
16	1005	Joachim Brouwer	3:07:31	5:52	6/43	M40-49	12	39:16	11	1:48:20	Cayuga
17	473	Brian Hutson	3:12:03	6:01	10/44	M<40	28	42:41	18	1:56:02	
18	1024	Dan Macmaster	3:12:41	6:02	11/44	M<40	52	45:53	25	1:59:09	Orono
19	475	Lisa Main	3:13:14	6:03	1/25	F<40	18	40:20	16	1:55:17	
20	440	Tony Power	3:15:20	6:07	7/43	M40-49	20	41:43	23	1:57:52	St. Catharines
21	1061	Henri Ragetlie	3:17:02	6:10	8/43	M40-49	32	43:06	24	1:58:49	St. Catharines
22	413	Alison Evans	3:17:33	6:11	2/25	F<40	24	42:19	31	2:01:13	Toronto
23	1032	Jim Morrison	3:17:36	6:11	9/43	M40-49	14	39:56	17	1:56:02	Thornhill
24	411	Chris Doran	3:19:01	6:14	12/44	M<40	33	43:08	34	2:02:38	Georgetown
25	1064	Stephanie Grahame	3:19:33	6:15	1/1	FX	44	44:50	38	2:03:25	Toronto
26	465	Brad Belanger	3:22:52	6:21	13/44	M<40	29	42:41	20	1:56:16	Toronto
27	1009	Jeff Cooper	3:24:00	6:23	10/43	M40-49	35	43:12	46	2:05:58	Toronto
28	1058	Scott Gaye	3:24:14	6:23	11/43	M40-49	37	43:14	26	1:59:55	Oakville
29	1079	Bill Trayling	3:24:16	6:23	12/43	M40-49	46	44:59	39	2:03:26	
30	1055	Gerda Zonruiter	3:24:42	6:24	1/11	F40-49	57	46:36	40	2:05:39	London
31	430	Trail Man	3:25:07	6:25	2/23	M50+	41	43:52	50	2:06:42	Toronto
32	464	Don Pinksen	3:25:43	6:26	13/43	M40-49	45	44:56	45	2:05:57	Guelph
33	436	Rick Paradis	3:26:11	6:27	14/43	M40-49	40	43:35	35	2:02:45	Oakville
34	479	Mike O'neil	3:26:28	6:28	14/44	M<40	26	42:40	33	2:02:12	
35	477	Michael Rzepizyle	3:26:33	6:28	15/44	M<40	87	51:48	56	2:09:32	
36	1019	Joe Hewitt	3:27:40	6:30	15/43	M40-49	36	43:13	47	2:05:59	Burlington
37	1059	Neil Baker	3:28:01	6:31	16/44	M<40	21	41:57	28	2:00:49	Mississauga
38	1045	Mary St. James	3:28:33	6:32	3/25	F<40	25	42:20	32	2:01:48	Oakville
39	1039	Michael Rigato	3:29:25	6:33	16/43	M40-49	58	46:39	52	2:06:56	Brampton
40	460	Clark Day	3:30:04	6:34	17/44	M<40	39	43:34	22	1:57:48	Kitchener
41	482	Rick Mcdowell	3:30:38	6:35	3/23	M50+	42	44:22	48	2:06:05	
42	439	Andrew Pierce	3:30:48	6:36	17/43	M40-49	34	43:10	43	2:05:54	Burlington
43	402	Andre Ammersbach	3:31:14	6:37	18/43	M40-49	67	47:30	57	2:09:38	Burlington
44	1007	Remo Camillo	3:32:05	6:38	18/44	M<40	84	50:48	58	2:09:52	Ancaster
45	1017	Brian Hastings	3:32:14	6:38	19/44	M<40	66	47:26	51	2:06:43	Brampton
46	433	Sara Montgomery	3:32:19	6:39	4/25	F<40	51	45:47	44	2:05:55	Camden East
47	1014	Gord England	3:33:43	6:41	4/23	M50+	79	50:20	72	2:15:12	Toronto
48	463	Shawn Moriarity	3:33:45	6:41	20/44	M<40	48	45:17	54	2:08:27	Bolton
49	478	Allen Pettau	3:34:27	6:43	19/43	M40-49	23	42:17	29	2:00:51	
50	1004	Michael Bolton	3:35:09	6:44	21/44	M<40	110	55:54	68	2:14:35	Brantford
51	1051	wouter Van Essen	3:35:45	6:45	5/23	M50+	49	45:17	49	2:06:19	Mississauga
52	472	Vaughan Mcmillan	3:35:59	6:45	22/44	M<40	65	47:23	41	2:05:41	
53	1034	Roger Parsons	3:37:26	6:48	6/23	M50+	60	46:58	59	2:10:44	St Jacobs
54	468	Mark Sorensen	3:37:59	6:49	23/44	M<40	50	45:22	27	2:00:20	
55	1036	Frank Philippe	3:38:37	6:50	24/44	M<40	56	46:32	53	2:08:20	Val Caron
56	480	Mikael Dalimonte	3:39:15	6:52	25/44	M<40	54	46:24	64	2:11:39	
57	1020	Bruce Horsburgh	3:39:32	6:52	7/23	M50+	53	46:13	62	2:11:11	Oakville
58	1021	John Rolfe	3:42:52	6:58	26/44	M<40	80	50:24	67	2:13:48	Waterloo
59	1028	Alex McComb	3:43:01	6:59	8/23	M50+	63	47:21	60	2:10:46	Brampton
60	417	Jim Gilchrist	3:43:32	7:00	9/23	M50+	38	43:32	42	2:05:49	London
61	453	Hellaina Van Erp-Rothe	3:44:03	7:01	5/25	F<40	59	46:42	61	2:10:48	Barrie
62	446	Jeff Sine	3:44:14	7:01	27/44	M<40	76	49:46	73	2:15:36	Erin
63	1076	Tony Castelli	3:44:20	7:01	28/44	M<40	89	51:51	69	2:14:39	
64	1041	Cathy Schnurr	3:45:33	7:03	6/25	F<40	69	47:43	74	2:16:15	Burlington
65	1053	Aaron Wood	3:46:38	7:05	29/44	M<40	86	51:24	79	2:17:20	Brampton
66	455	Mark Walton	3:47:41	7:07	20/43	M40-49	77	49:47	66	2:13:44	Ancaster
67	1040	David Rogers	3:47:44	7:07	21/43	M40-49	71	47:48	65	2:13:26	Toronto
68	414	Suzanne Farla	3:51:36	7:15	2/11	F40-49	74	48:50	70	2:14:53	Woodville
69	445	Robert Schwarz	3:53:53	7:19	22/43	M40-49	98	52:37	85	2:22:17	Bradford
70	1062	Stephen Beaumont	3:53:55	7:19	23/43	M40-49	68	47:33	55	2:09:03	Aurora
71	1038	Jim Ratcliffe	3:54:12	7:20	24/43	M40-49	73	48:47	71	2:15:06	Georgetown
72	1081	Tracy Tremble	3:57:18	7:25	7/25	F<40	55	46:26	77	2:16:56	
73	1027	Jim Martin	3:57:22	7:26	10/23	M50+	90	51:55	95	2:30:20	Lindsay
74	476	Jim Rawling	3:57:22	7:26	25/43	M40-49	17	40:12	37	2:02:57	Toronto
75	1050	John Turner	3:58:57	7:29	26/43	M40-49	104	53:50	96	2:30:29	Burlington
76	432	Robert Mcqueen	3:59:29	7:30	11/23	M50+	31	42:50	30	2:00:52	Burlington
77	1029	Andrew Mclean	3:59:37	7:30	30/44	M<40	100	53:08	80	2:19:34	Kilbride

78	1033	Howard Parker	3:59:49	7:30	12/23	M50+	75	49:21	81	2:19:42	Hamilton
79	454	Astrid Varga	3:59:51	7:30	1/4	F50+	72	47:57	89	2:25:47	Kitchener
80	431	Bryan Mason	3:59:59	7:30	13/23	M50+	92	52:03	90	2:27:13	Toronto
81	1018	Chris Hawke	4:00:10	7:31	27/43	M40-49	91	52:02	83	2:21:47	Burlington
82	425	Jill Huntley	4:00:49	7:32	3/11	F40-49	83	50:44	82	2:21:46	Fonthill
83	1013	Tomas Dobransky	4:01:37	7:34	28/43	M40-49	70	47:47	75	2:16:16	London
84	407	Todd Corradetti	4:01:38	7:34	29/43	M40-49	47	45:03	78	2:17:05	Milton
85	1075	Erin Farber	4:02:22	7:35	8/25	F40	116	56:55	94	2:30:10	
86	1054	Renee Zareski	4:02:26	7:35	4/11	F40-49	81	50:29	86	2:23:33	Brantford
87	1046	Margi Szoke	4:02:27	7:35	9/25	F40	82	50:29	87	2:23:44	Brantford
88	1042	David Seppala	4:03:29	7:37	31/44	M<40	64	47:22	63	2:11:14	St. Catharines
89	1082	Mark Fingland	4:06:33	7:43	32/44	M<40	85	51:14	76	2:16:23	
90	1060	Ronald Gehl	4:08:25	7:46	14/23	M50+	78	49:54	88	2:24:10	Kitchener
91	469	Kelly Park	4:11:22	7:52	10/25	F40	112	56:13	99	2:31:59	
92	1025	Hans Maier	4:16:12	8:01	15/23	M50+	88	51:49	102	2:32:15	Markham
93	1057	Gerhard Krowlow	4:17:47	8:04	16/23	M50+	103	53:19	100	2:32:01	King City
94	443	Ricardo Santa	4:18:57	8:06	33/44	M40	108	54:25	126	2:48:22	Ajax
95	1068	Heidi Schutte	4:19:24	8:07	11/25	F<40	113	56:17	105	2:33:27	
96	450	John Tait	4:19:52	8:08	30/43	M40-49	122	58:18	115	2:44:47	Toronto
97	441	Mairead Pratschke	4:20:04	8:08		F40	131	59:48	114	2:44:26	Guelph
98	1043	Greg Smith	4:21:04	8:10	31/43	M40-49	101	53:14	97	2:31:56	London
99	418	Valerie Glofcheski	4:21:05	8:10	5/11	F40-49	102	53:17	98	2:31:56	Waterloo
100	1016	Tania Gross	4:24:15	8:16	12/25	F40	148	1:06:06	107	2:37:03	Brampton
101	457	Sharon Zelinski	4:24:50	8:17	13/25	F40	117	57:14	111	2:44:19	Toronto
102	462	Tom Snyder	4:25:24	8:18	35/44	M40	94	52:16	92	2:29:41	Burlington
103	1006	Michael Callaghan	4:26:05	8:19	32/43	M40-49	114	56:29	101	2:32:09	Burlington
104	404	Debbie Bell	4:26:39	8:20	14/25	F40	141	1:01:34	110	2:41:10	Mississauga
105	445	Laury Hickling	4:26:42	8:21	15/25	F40	127	59:17	112	2:44:22	Uxbridge
106	1002	Michelle Bagshaw	4:26:44	8:21	16/25	F40	129	59:19	117	2:45:00	Uxbridge
107	449	Dave Suttaby	4:26:53	8:21	36/44	M<40	62	47:14	93	2:29:54	Oakville
108	1065	Sandeep Bhargava	4:28:22	8:24	37/44	M40	97	52:34	84	2:22:06	Toronto
109	1023	Barbara King	4:28:47	8:24	17/25	F40	121	57:42	113	2:44:26	Markham
110	1073	Jackie Bourgeois	4:29:13	8:25	18/25	F40	96	52:25	103	2:32:22	
111	456	Tyler Warcop	4:30:40	8:28	38/44	M<40	95	52:16	91	2:28:27	Oakville
112	442	John Reynolds	4:32:48	8:32	17/23	M50+	115	56:44	104	2:32:35	Scarborough
113	1030	Jennifer-Anne Meneray	4:33:11	8:33	19/25	F40	149	1:06:08	137	2:52:18	London
114	420	Randy Hargest	4:33:11	8:33	39/44	M40	150	1:06:11	136	2:52:17	London
115	1035	Kimberly Pagliaro	4:33:30	8:33	20/25	F40	128	59:19	118	2:45:00	Uxbridge
116	1069	Michel Gouin	4:34:25	8:35	33/43	M40-49	93	52:12	131	2:49:33	
117	1012	Debora Demestre	4:35:35	8:37	21/25	F40	126	59:16	133	2:51:01	Toronto
118	421	Sharon Hewitt	4:35:39	8:37	6/11	F40-49	106	53:57	134	2:51:04	Burlington
119	466	Moe White	4:36:24	8:39	34/43	M40-49	105	53:56	135	2:51:07	Burlington
120	1072	Rita Barrie	4:36:40	8:39	7/11	F40-49	111	55:54	108	2:38:40	
121	419	Stephen Hall	4:38:12	8:42	18/23	M50+	99	53:01	106	2:34:04	Kitchener
122	470	Virginia Govier	4:39:45	8:45	22/25	F40	118	57:24	124	2:47:41	
123	1077	Heather Conroy	4:40:31	8:46	23/25	F<40	135	1:00:00	119	2:46:28	
124	426	Phil Hyland	4:41:30	8:48	35/43	M40-49	125	58:26	123	2:47:37	Mississauga
125	1008	Patricia Clune	4:42:06	8:49	8/11	F40-49	138	1:01:16	127	2:48:26	Toronto
126	406	Anne Marie Clune	4:42:06	8:49	9/11	F40-49	139	1:01:19	128	2:48:29	Toronto
127	415	Glenna Fraumeni	4:42:07	8:49	24/25	F40	140	1:01:19	129	2:48:31	North York
128	1003	Manny Bauer	4:47:18	8:59	19/23	M50+	123	58:18	122	2:47:32	Toronto
129	1022	Gary Johnson	4:49:09	9:03	20/23	M50+	134	59:54	132	2:50:01	Oakville
130	1070	Michael Samarelli	4:51:37	9:07	36/43	M40-49	136	1:00:07	138	2:54:15	Pickering
131	1011	Edward D'souza	4:53:14	9:10	37/43	M40-49	130	59:48	130	2:48:51	Oakville
132	1010	Scott Copeland	4:54:29	9:13	40/44	M40	120	57:29	125	2:47:56	Beamsville
133	416	Gerry Gabon	4:57:21	9:18	38/43	M40-49	109	55:23	109	2:40:33	Milton
134	447	Odino Soligo	5:06:45	9:36	21/23	M50+	133	59:53	143	3:03:34	Thornhill
135	409	Linda Delany	5:07:39	9:37	25/25	F40	142	1:03:57	144	3:03:35	Toronto
136	471	Birgit Traenkmann	5:09:41	9:41	2/4	F50+	143	1:04:35	145	3:04:21	
137	1071	Gerry Sheeren	5:09:42	9:41	22/23	M50+	144	1:04:38	146	3:04:23	
138	458	Daniel Boon	5:10:38	9:43	39/43	M40-49	124	58:25	120	2:47:05	Orillia
139	483	Chris Vasey	5:10:38	9:43	10/11	F40-49	107	54:25	121	2:47:11	Guelph
140	1037	Ziyad Rahim	5:16:26	9:54	41/44	M40	137	1:00:08	141	3:02:28	Toronto
141	427	Janine Jorgensen	5:16:57	9:55	3/4	F50+	146	1:05:11	140	3:02:23	Toronto
142	1052	Jan Vopalensky	5:16:57	9:55	40/43	M40-49	145	1:05:03	139	3:02:19	Toronto
143	451	Eric Tilley	5:17:56	9:57	41/43	M40-49	61	47:12	116	2:44:49	
144	1026	Helen Malmborg	5:19:46	10:00	4/4	F50+	147	1:05:13	148	3:11:26	Toronto
145	428	Jane Kurchak	5:27:15	10:14	11/11	F40-49	119	57:26	142	3:02:42	
146	1074	Larry Gooder	5:44:14	10:46	42/43	M40-49	132	59:49	147	3:05:01	
dnf	481	John Blackwell			42/44	M40	27	42:41	21	1:56:58	
dnf	444	George Sarson			23/23	M50+	22	41:57	36	2:02:55	Waterloo
dnf	474	Brad Wilson			43/43	M40-49	10	38:46			
dnf	1001	Trevor Arndt			43/44	M<40	43	44:34			Brampton
dnf	1015	Ryan Facer			44/44	M<40	151	1:13:01			Mississauga

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